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Executive Summary



Buildings have a significant impact on our economic, social and environmental well-being. They leave a distinct footprint on the landscape, consume a large share of our natural resources and rely on the environment to assimilate their waste. Buildings account for 11% of BC's GHG emissions¹. With life spans of 50-100 years, today's buildings will impact our energy use and emissions for the next century. Embodied carbon is the amount of carbon dioxide equivalent (CO2e) released through a product's lifecycle, and is used to describe the effective greenhouse gas (GHG) emissions associated with the product. Reducing GHG emissions from the built environment has been identified as an important priority in reducing overall humaninduced GHG emissions. Commitment to reducing embodied carbon in buildings is demonstrated through British Columbia's (B.C.) Climate Leadership Plan², the Canada Green Building Council (CaGBC)'s Zero Carbon Buildings Initiative3, and the new Leadership in Energy and Environmental

Design (LEED®) version 4 (LEED v4) rating system. This guide will discuss ways in which low carbon building materials may be used to target credits in LEED v4.

Wood and Portland-Limestone Cement (PLC) are two building materials that offer opportunities to reduce the embodied carbon of a building. As a renewable material, wood building products store carbon, preventing its release of CO₂ into the atmosphere. PLC adds limestone to the clinker phase of cement manufacturing which reduces its carbon emissions by 10%.

B.C.'s economy is currently supported by multiple wood product manufacturers, as well as PLC products manufactured by B.C.'s two suppliers located within the Lower Mainland. The close proximity to local manufacturing plants further reduces CO₂ emissions associated with the transportation of products to construction sites, and simultaneously contributes to the growth of local industry.

Buildings account for 11% of BC's GHG emissions.

BC Climate Leadership Plan (2016a), URL: https://climate.gov.bc.ca/
BC Climate Leadership Plan (2016b), URL: https://climate.gov.bc.ca/app/uploads/sites/13/2016/10/4030 CLP Booklet web.pdf

Zero Carbon Building Initiative (2016). URL: https://www.cagbc.org/zerocarbon

...the integration of natural materials such as wood into the built environment can also specifically benefit human health.

In addition to the provincial and national initiatives noted above, which encourage the uptake of low carbon materials in buildings, B.C.'s Wood First Initiative⁴ further encourages the use of wood as a building material, supporting local industry and reducing environmental impact.

As a structural material, wood has been used in many building applications, such as:

- Glue-laminated timber (Glulam)
- Structural composite lumber (SCL)
- Small dimensional lumber
- Mass timber, which takes many forms, the most commonly seen include:
 - Cross-laminated timber (CLT)
 - Laminated veneer lumber (LVL)
 - Laminated strand lumber (LSL)
 - Nail-laminated lumber (NLT or nail-lam)

Wood is also frequently used as an architectural element, bringing warmth to a space. As a Biophilic design attribute, the integration of natural materials such as wood into the built environment can also specifically benefit human health⁵. The use of wood as an architectural element includes applications such as:

- Cladding
- Wood finishes
- Ceiling, wall and floor finishes (Image 6 -VCC)
- Millwork and trim
- Doors
- Furniture

PLC (known in Canada as Contempra®) was first introduced to the Canadian market

in 2011, although it has been used in Europe for over 25 years. European PLC allows up to 35% limestone in the clinker phase, resulting in nearly double the CO₂ emissions reductions per unit when compared with Canadian and US-based PLC products. Canadian PLC is produced by intergrading regular Portland cement clinker with 6-15% limestone, resulting in a product that produces 10% less CO₂ than regular Portland cement. The United States has allowed the use of PLC since 2006, with the same maximum 15% limestone threshold as Canada. The PLC used in Canada is structurally equivalent to regular Portland cement, which explains the current allowable limestone threshold of 15%.

In addition to wood and PLC products, there are other low carbon building materials currently available within the Canadian and US markets including:

- Supplementary Cementitious Materials (SCM)
- Rammed earth
- Bio-fiber blocks
- Strawbale
- Hempcrete

The low carbon products listed above are more frequently associated with residential applications, however, commercial and larger-scale building product applications do exist.

Since 2007, the B.C. government has required that all public sector buildings newly constructed or undergoing major renovations achieve LEED Gold certification. As a green building rating system, LEED version 4 for Building Design and Construction (LEED v4: BD+C) rewards projects that use low carbon

⁴ Wood First Initiative (n.d.). URL: http://www2.gov.bc.ca/gov/content/industry/forestry/supporting-innovation/wood-first-initiative

⁵ Kellert, S. & Calabrese, E. (2015). The Practice of Biophilic Design. URL: http://www.biophilic-design.com/

building materials. As the most current version of the LEED rating system, v4 underwent significant changes compared with previous updates to the system; these changes are addressed in Section 3. There are six specific rating systems in the LEED v4: MR BD+C system that are applicable to B.C. public sector buildings:

- BD+C: New Construction
- BD+C: Core and Shell
- BD+C: Schools
- BD+C: Data Centers
- BD+C: Warehouses and Distribution Centers
- BD+C: Healthcare

The Materials and Resources (MR) category of the LEED rating system was the most affected compared with other categories; significant structural changes to the credits resulted in the creation of new credits and/or credit sections. Wood, PLC and other low carbon building materials can contribute toward satisfying the following nine LEED v4 MR credits:

- MR: Building Life-Cycle Impact Reduction
- MR: Building Product Disclosure and Optimization (BPDO) -Environmental Product Declarations
- MR: BPDO Sourcing of Raw Materials

- MR: BPDO Material Ingredients
- MR: Furniture and Medical Furnishings (Healthcare only)
- Indoor Environmental Quality (IEQ): Low-Emitting Materials
- IEQ: Indoor Air Quality Assessment
- Innovation: Innovation
- Regional Priority: Regional Priority, Specific Credit

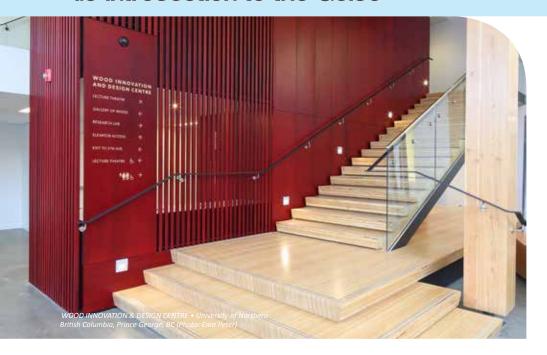
In addition, the use of low carbon materials may assist in contributing to other prerequisites and credits, such as:

- Energy and Atmosphere (EA):
 Minimum Energy Performance
- EA: Optimize Energy Performance
- IEQ: Minimum Acoustic Performance (Schools only)
- IEQ: Acoustic Performance

Using low carbon building materials, such as wood and PLC, creates opportunities for project teams to reduce a project's environmental impact, and support local industry. Projects that choose low carbon building materials will also have an opportunity to target and achieve LEED credits that may be more difficult for projects with higher carbon building materials. As emphasis on low carbon building materials continues to grow, B.C. is demonstrating environmental leadership by promoting low carbon materials use in public sector projects.

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1.0 Introduction to the Guide



The green building industry has long looked at ways to promote and reward the use of environmental building materials but has historically fallen short of directly rewarding low carbon building materials. The most popular and long-lived green building rating system in North America so far, Leadership in Energy and Environmental Design (LEED®), rewards the use of recycled or repurposed materials, local materials, sustainable agricultural materials, and certified wood products via points under the Materials and Resources category; all of these sustainable materials contribute to reducing the construction industry's use of finite resources and can contribute to reducing the carbon intensity of a building.

More industry focus on low carbon building materials is apparent by several recent events in the green building industry in Canada. In 2013, the United States Green

Building Council (USGBC®) released the newest version of LEED, known as LEED version 4 (LEED v4)6,7. LEED v4 became mandatory for any project pursuing LEED in Canada on or after November 1, 2016. LEED v4 saw a complete reboot of the rating system, including significant changes to the MR category. LEED now directly rewards projects that choose a lower carbon structural material, such as wood or concrete made with Portland-Limestone cement (PLC).

In addition to LEED v4, the Canada Green Building Council (CaGBC ®) recently released a Zero Carbon Buildings Initiative⁸, which is developing a national framework for commercial, institutional and high-rise residential buildings constructed to net zero by 20309. Embodied carbon of building materials has been identified as one of five key areas of focus for this work.

LEED now directly rewards projects that choose a lower carbon structural material, such as wood or concrete made with Portland-Limestone cement (PLC)

United States Green Building Council (2017). URL: www.usgbc.or
LEED v4, the Newest Version of LEED Green Building Program Launches at USGBC's Annual Greenbuild Conference (2013). URL: https://www.usgbc.org/articles/ eed-v4-newest-version-leed-green-building-program-launches-usgbc%E2%80%99s-annual-greenbuild-confe

CaGBC Zero Carbon Buildings Initiative (2016). URL: https://www.cagbc.org/zerocarbon Canada Green Building Council (2017). URL: www.cagbc.org.

This guide will serve
as an educational
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and renewable
materials in LEED
v4: Building Design +
Construction (BD+C)

projects.

Since 2007, the B.C. government has required that all new public sector buildings, including those undergoing major renovations, achieve LEED Gold certification¹⁰. British Columbia's Climate Leadership Plan¹¹, released in 2016, includes promoting the use of low carbon and renewable building materials in public sector infrastructure projects.

This guide will serve as an educational resource for using low carbon and

renewable materials in LEED v4: Building Design + Construction (BD+C) projects. The guide will provide an overview of the LEED rating system, including major changes between LEED Canada New Construction (NC) 2009 and LEED v4: BD+C, when and how to use wood and PLC, and provide insight into other alternative low-carbon building materials such as rammed earth and a bio-fiber modular block system.

11 BC Climate Leadership Plan (2016). URL: https://climate.gov.bc.ca/app/uploads/sites/13/2016/10/4030 CLP Booklet web.pdf



Nanaimo Energy Recovery Centre, Nanaimo, B.C. (Image courtesy of Associated Engineering).

¹⁰ Reducing Greenhouse Gas Emissions (n.d.). URL: http://www2.gov.bc.ca/gov/content/environment/climate-change/policy-legislation-programs/carbon-neutral-novernment/reduce



Comprehensive Guide LEED v4 and Low Carbon Building Materials

2.0 Introduction to low carbon building materials

2.0 Introduction to low carbon building materials

A note about carbon

Carbon is the commonly used shorthand for carbon dioxide, CO2, a greenhouse gas (GHG) that is produced and trapped in the atmosphere from both person-made and natural sources¹⁴. Although there are other greenhouse gases that contribute to this effect, such as methane (CH4), nitrous oxide, (NO2), and sulfur hexafluoride (SF6), common reporting of GHG emissions focuses on CO2 and carbon dioxide equivalent, CO2e. CO2e looks at the global warming potential as expressed in levels of CO2 over a given period of time.

2.1 What makes a material low

carbon?

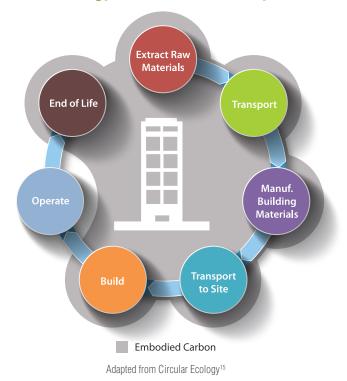
Traditionally the building industry has focused on the carbon emissions from building operations, including space heating and cooling and lighting. Because the built environment is responsible for 11% of BC's GHG emissions, significant attention has been given to the energy performance of buildings¹². In recent years, carbon emissions associated with building products have received increasing levels of

attention in Europe and North America, with the recognition that a significant portion of

human-induced carbon emissions come from the building products industry. The CaGBC is now considering the impacts of building materials on carbon emissions through the Zero Carbon Buildings Initiative¹³.

The embodied carbon of a building material is the sum of the carbon emitted during the extraction of raw materials, transportation, manufacturing, transportation to building site, and construction. Considering the impact of carbon in building design and construction can lead to a change in what

Figure 1: Embodied energy and carbon. The lifecycle of a building



BC Climate Leadership Plan (2016). URL: https://climate.gov.bc.ca/at-home-and-around-the-world/
 CaGBC Zero Carbon Buildings Initiative (2016). URL: https://www.cagbc.org/zerocarbon

CaGBC Zero Carbon Buildings Initiative (2016). URL: https://www.cagbc.org/zerocarbon
 Greenhouse Gas Emissions (2016). URL: https://ec.gc.ca/indicateurs-indicators/default-asp?lang=en&n=FBF8455E-1

building materials are used and where the materials are located and extracted.

Choosing low carbon building materials, such as wood and PLC, help to reduce a building's embodied carbon^{16,17}. This section will address how and when to use wood and PLC in building projects in British Columbia.

2.2 Wood

The benefits of wood as a building material compared with other traditional building materials such as steel and concrete are as follows^{18,19}:

- 1. Renewable
- Stores carbon
- Less energy to manufacture 3.
- 4. Durable
- 5. Locally produced

The province of B.C. has adopted a Wood First Initiative, which will also help support local B.C. industries, while promoting the use of wood in buildings. Wood is used in many applications in the built environment, including as a structural or architectural component.

2.2.1 Timber structures

Historically the use of wood in Canadian structures has relied on solid timber postand-beam and light frame construction systems. The decline in the availability of large timbers, combined with historical

concerns over the combustibility of wood, led to a shift in the use of wood from mid-rise buildings to low-rise structures,

which could be produced economically using light frame construction²⁰. However, modern research and innovations in the field of wood products have expanded the range of possibilities by efficiently combining wood materials using adhesives or metal fasteners, allowing for the use of smaller trees and improving the use of forest resources. Research in the field of fire engineering has also shown that heavy timbers exposed to fire may maintain load-bearing capacity while charring. Design procedures now exist that allow exposed timbers to achieve fire resistance ratings²¹.

Glued-laminated timber, or glulam, was first produced in the early 20th century and provides a cost effective method for achieving large member sizes. Glulam is manufactured by gluing together wood laminates, the quality and layup of which are engineered to control the properties of the member.

Structural composite lumber (SCL) products, such as laminated veneer lumber (LVL), laminated strand lumber (LSL), and parallel strand lumber (PSL) (Fig. 7.1), are produced by adhering sheets of thin wood veneers or veneer strands under pressure. The presence of the knots and other defects is diminished by adjacent veneers or strands, optimizing the use of the wood fibres. SCL products are produced using kiln-dried materials to achieve low moisture content and

Wood has a lower carbon footprint than steel or concrete, and its light weight can help to reduce foundation sizes.

Concrete provides durable surface and, due to the high thermal performance, can be used as a thermal mass to regulate temperatures and reduce energy loads. Concrete is a great and necessary option for footings, foundations as well as a cap on other low carbon options such as rammed earth walls and in combination with wood to provide the best low carbon solutions.

Consider selecting appropriate building materials for different applications and taking into account embodied carbon content.

¹⁵ Embodied Energy and Carbon: The ICE Database (2016). URL: http://www.circularecology.com/embodied-energy-and-carbon-footprint-database.html#.WLDts-

¹⁶ Portland-Limestone Cement (n.d.). URL: http://www.cement.ca/en/Newsroom/Portland-Limestone-Cement.html

Shaw, C. (2010). Reducing GHG Emissions in the Cement Industry. URL: http://pics.uvic.ca/sites/default/files/uploads/publications/Reducing%20GHG%20emis-

¹⁷ Shaw, C. (2010). Reducing Gnote Emissions in the Celinent Industry. Onl.: http://cwc.ca/design-with-wood/durability/woods-heritage/wood-advantages/
18 Canadian Wood Council (2017). Wood Advantages. URL: http://cwc.ca/design-with-wood/durability/woods-heritage/wood-advantages/
19 Forest Products Association of Canada (2011). Feel Good About Canadian Wood. URL: http://www.fpac.ca/publications/building_green_EN_web_v2.pdf
19 Plnnovations (2014). *Technical Guide for the Design and Construction of Tall Wood Buildings in Canada*. FPInnovations Special Publication SP-55E, 1st ed. Pointe-Claire, QC.

²¹ CSA (2014). Engineering Design in Wood. CSA 086-14. Mississauga, ON: Canadian Standards Association (CSA).



Stadthaus, Murray Grove in London, UK, was among the first in a new generation of tall timber buildings around the world, with eight-storeys of cross-laminated timber over a single concrete storey. Prefabrication, which included cutting openings and connection points, reduced the onsite assembly time to only 8 weeks for the timber structure. (Image courtesy of Waugh Thistleton. Photographer: Will Pryce).



Structural composite lumber products. From left-to-right: laminated strand lumber (LSL), parallel strand lumber (PSL), and laminated veneer lumber (LVL). (Image courtesy of Tom Joyce).

often incorporate some degree of crosslaminating, providing dimensionally stable elements less susceptible to shrinkage and cracking.

The low density of timber relative to steel and concrete means that timber structures tend to be lighter, reducing the size of foundations and any supporting structure. In seismic regions the reduced mass of timber buildings leads to lower lateral forces, further reducing the demands on the foundation.

Use of 3D modelling software and computernumeric-controlled (CNC) machinery has greatly increased the opportunities for prefabrication in the timber industry. Suppliers are able to assemble structures digitally, identifying potential issues before the products arrive on site, allowing for accurate estimates of material quantities, and enabling complex geometries to be realized. Combined with CNC processing, 3D modelling allows for the production of timber elements with accurately-formed holes and cuts, increasing the ease of on-site assembly and providing tighter tolerances at connections. Opportunities for prefabrication with timber extend from sections of light frame wall and floor sections (when produced with insulation

between layers of sheathing, referred to as structural insulated panels (SIPs), and called cassettes in parts of Europe) to

mass timber panel elements cut to match required geometries, fit connections, and provide openings or chases for services.

In addition to new wood-based products, new timber construction and connection systems are available. Self-tapping screws (STS) are a recent addition to the Canadian market, and have been in use in Europe for over 10 years. STS come in a range of diameters and up to 1.0m long, with options for the length and nature of the screw threads and the shape of the head. The coarse threads and high strength steel used in their manufacture make STS particularly well-suited to resisting loads in withdrawal, and have led to their being used in diversity of applications, including reinforcing members with notches, holes, or splits; connecting mass timber or pre-fabricated light-frame panels; and in pre-engineered dovetail connectors. STS or HBV connectors (glued-in perforated steel plates) have also been applied in the construction of timberconcrete composite floor systems, which use the high compressive strength and mass of concrete to achieve larger spans and dampen vibrations. For a further discussion

²² TRADA (2009). "Case Study: Stadthaus, 24 Murray Grove, London." High Wycombe, UK: TRADA Technology.



Self-tapping screws. (Image courtesy My-Ti-Con³¹).

of new timber connection technologies see Karsh (2014)²³.

Small structures that meet the criteria for Part 9 of the British Columbia Building Code (BCBC)²⁴ or National Building Codes (NBC)25 prescriptive design guidelines are provided in that Part; other structures may be designed per Part 4 using CSA 086, Engineering Design in Wood²⁶, and the Wood Design Handbook27 published by the Canadian Wood Council (CWC). Additional resources for the design and use of wood products are provided by the CWC and their WoodWorks! program²⁸, the Forest Innovation Investment (FII) and their naturally:wood program²⁹, and FPInnovations³⁰.

Light-frame timber

Timber structures may be constructed using a number of different systems. Light frame, or stick frame, construction uses small dimensional lumber with timber decking or wood-based sheathing panels to form floor and wall elements. Light frame systems are



Example of a pre-engineered aluminum dovetail connector during installation. (Image courtesy of My-Ti-Con).

an economical solution for many low-rise structures, and have a long history of use in North America. Part 9 of the (BCBC) and

(NBC)³² provides prescriptive rules for the design of small and regular light frame



Earth Systems Sciences Building at the University of British Columbia makes use of timberconcrete composite systems, with concrete topping contributing to the performance of the cross-laminated timber floor panels and supporting glulam beams. The feature stair (above) cantilevers into the atrium, with glued-in HSK plates connecting CLT elements. (Photo courtesy of Martin Tessler).

Karsh, E. (2014). "Modern Timber Connections." STRUCTURE Magazine, Published jointly by the National Council of Structural Engineers Associations (NCSEA), Council of American Structural Engineers (CASE), and Structural Engineering Institute (SEI). August 2014.

British Columbia Office of Housing and Construction Standards (2012). British Columbia Building Code. Victoria, BC.

National Research Council (NRC) (2015). National Building Code of Canada. Ottawa, ON.

CSA (2014). Engineering Design in Wood. CSA 086-14. Mississauga, ON: Canadian Standards Association (CSA). 27 CWC (2015). Wood Design Manual 2015. Canadian Wood Council (CWC). Ottawa, ON. 28 URL: http://wood-works.ca/

URL: http://www.naturallywood.com/

³⁰ URL: https://fpinnovations.ca/ http://www.my-ti-con.com

National Research Council (NRC) (2015). National Building Code of Canada. Ottawa, ON.



The roof of the gym at the Doig River Community Centre features glulam beams with steel tension rods to create an aesthetically striking and efficient design (Image courtesy of Derek Lepper).

structures based on practices found to be effective historically. Structures that deviate from the criteria for Part 9 must be designed to Part 3 of the BCBC or NBC.

Light frame structures often incorporate pre-engineered and engineered wood products, such as pre-engineered trusses and timber I-joists, prefabricated structural insulated panels (SIPs), and structural composite lumber members.

Since 2009, the BCBC has permitted the use of light frame timber construction for structures with Group C, residential, occupancy up to a height of 6-storeys and subject to restrictions on building area, streets facing, and added requirements for fire separations. Structures having occupancies other than Group C are restricted in height and building area based on the occupancy type, with a maximum height outside of Group C of 4 storeys. The 2015 edition of the NBC includes revised criteria that extends combustible construction limitations to allow 6-storey structures subject to similar restrictions to the BCBC. Guidance on the design of tall wood buildings may be found in the Technical Guide to the Design and Construction of Tall Wood Buildings in Canada published by FPInnovations³³.

Heavy timber frames

Structures with longer spans and wider column spacings than may be achieved with light frame, can be realized using heavy timber post-and-beam frames with glulam, SCL, or heavy timber elements. Roof and floor areas are typically made up of either mass timber panels or joists topped with wood-based sheathing panels, which span between larger timber

beams. Timber beams can be combined with steel or concrete (in timber-concrete composite designs) to increase spans and reduce floor vibrations.

Joints in timber frames are typically designed to be pinned, with lateral forces resisted by bracing or shearwalls. In low- and mid-rise structures light frame, concrete, or masonry shearwalls are common, while for taller structures mass timber or concrete shearwalls or cores are necessary. Unlike with steel braced frames, buckling of timber braces is undesirable and ductility in seismic applications should be provided through yielding of steel plates or fasteners at connection points. Moment-resisting frames can be produced using timber to allow for unobstructed open spaces, however, close attention to the detailing and magnitude of perpendicular to grain tensile stresses is needed. A discussion of moment-resisting joint designs is given by Buchanan and Fairweather (1994)34.

When wood is exposed to fire it burns and forms a charred layer, which insulates the remainder of the timber section and preserves the load-carrying capacity of the uncharred residual area. Studies on the behaviour of timber under exposure to fire and on the rate of growth of the char layer have led to the development of design procedures that allow heavy timber elements to be provided with a fire resistance rating (FRR) (see Appendix B of CSA 08635). The procedure involves comparing the residual strength of the member cross-section after a timedependent depth of charring has occurred against the effects of the loads acting on the member during a specified fire loading situation. The member may be rated for the

³³ FPInnovations (2014). Technical Guide for the Design and Construction of Tall Wood Buildings in Canada. FPInnovations Special Publication SP-55E, 1st ed.

Buchanan, A. and Fairweather, R. (1994). Glulam connections for seismic design. In *Proceedings of the Pacific Timber Engineering Conference (PTEC)*. Gold Coast, Australia. July 11-15, 1994. p. 528-537.
 CSA (2014). *Engineering Design in Wood*. CSA 086-14. Mississauga, ON: Canadian Standards Association (CSA)

longest duration of fire exposure for which the remaining capacity of the charred section exceeds the demands from the fire load case.

Mass timber

Mass timber is a term used to refer to a range of solid wood panel products, ranging in thickness in Canada from 45mm (1 3/4") to 381mm (15"). Common mass timber products currently on the Canadian market include cross-laminated timber (CLT), laminated veneer lumber (LVL), laminated strand lumber (LSL), and nail-laminated lumber (NLT). The larger dimensions of mass timber panels relative to wood structural members is associated with typically greater capacities, which has led to the use of mass timber elements in a new generation of tall timber structures, including Brock Commons at UBC (case study on page 68), the Wood Innovation Design Centre in Prince George (case study on page 60), Stadthaus in London, UK (see page 10), and the feasibility study The Case for Tall Wood Buildings³⁶. Recently mass timber products and systems have been the focus of significant research and testing in Canada; a large collection of results is available through the reThink Wood website37.

Cross-laminated timber was first produced in Europe in the early 1990s and has been available in Canada since 2011. Produced by gluing together layers of timber laminates each oriented at 90 degrees to each other, the panels exhibit high in-plane shear strength and stiffness, and may be used to span out-of-plane as roof and floor panels³⁸. Mass timber panels may be used for both horizontal and vertical elements (see example on page 10 (Stadthaus side bar)). Panels are typically modelled and

cut by CNC to the necessary dimensions, then rapidly assembled on site using mainly self-tapping screws and light-gauge steel connectors. Due to the cross-wise laminating CLT panels are able to span partially in two directions and transfer loads around small openings. Further information may be found in the CLT Handbook published by FPInnovations.

Nail-laminated timber is a one-way spanning floor system composed of pieces of dimensional lumber stacked on end and nailed together. Varying depths of lumber pieces may be used with exposed ceilings and soffits to allow for concealment of some services and to break up the surface, improving acoustics.

2.2.2 Architectural components

Wood may also be used for architectural purposes and introduces warmth and a more natural feel into a space. Wooden elements may be used for cladding, interior finishes, and furnishings.

Wood cladding

Wood is a beautiful, renewable and highly energy-efficient choice for exterior cladding and one of the earliest cladding materials. It is easy to install and replace, and it is a renewable material that can support local economies. The diverse range of BC wood species available supplies a wide range of exterior products. Unlike other cladding materials, trees absorb carbon from the atmosphere as they grow, so when turned into wood products and used in building projects, they sequester that carbon throughout its

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³⁶ McFarlane Green Biggar Architecture + Design (mbg) (2012). The Case for Tall Wood Buildings. Other contributors: Equilibrium Consulting, LMDG Ltd., BTY Group. Ottawa, ON: Canadian Wood Council (CWC).
37 reThink Wood (2017). Tall Wood / Mass Timber Research. reThink Wood website. URL: http://www.rethinkwood.com/tall-wood-mass-timber/research

³⁷ reThink Wood (2017). Tall Wood / Mass Timber Research. reThink Wood website. URL: http://www.rethinkwood.com/tall-wood-mass-timber/researc
38 FPInnovations (2011). CLT Handbook. FPInnovations Special Publication SP528E. Pointe-Claire, QC. Available online at: https://fipinnovations.ca/

Choose certified wood cladding harvested from sustainably managed forests, get it factory-primed, and install it with good moisture protection.



The Pacific Autism Family Centre in Richmond, B.C., used pre-fabricated NLT floor panels supported on a glulam post-and-beam structure and NLT elevator shafts. (Image courtesy of FII).

service life until it burns or decomposes back into carbon again. If the trees are replaced, the process can remove more carbon than it generates, creating a temporary carbon sink generally for the life of the building.

A cavity wall, or rainscreen, is a popular choice of assembly for wood cladding. Different from mass walls like concrete and rammed earth or barrier walls such as precast concrete panels, a cavity wall contains an air space behind the cladding. Moisture is allowed to get past the cladding where it is stopped by a weather barrier and drained away from the building, and because the air pressure is equalized, moisture is not driven into the assembly.

Wood cladding is vulnerable to insects, rot, decay, mold, mildew, and UV degradation, so it has to be well protected with paints,

stains, sealants, or charred (Shou Sugi Ban) as a finishing technique and then maintained regularly³⁹. These coatings eventually will require maintenance throughout its service life, requiring materials, energy, and labor and depending on the choice of finish, possibly diminishing some of wood's environmental luster. Factory-priming wood minimizes emission and waste from the painting process and makes the paint last longer, lowering maintenance.

Choose certified wood cladding harvested from sustainably managed forests, get it factory-primed, and install it with good moisture protection. With periodic maintenance, wood cladding, particularly cedar, should last 50 years or more and represent a good balance of various environmental issues⁴⁰.

Wood finishes

³⁹ Boddy, Trevor (2015). The Apostle of Wood. Canadian Architect Magazine. URL: https://www.canadianarchitect.com/features/1003730141/
40 Ehrlich, B. (2014). Cladding: More Than Just a Pretty Façade. Building Green, September 2, 2014. URL: <a href="https://www.buildinggreen.com/feature/cladding-more-than-building-more-than-building-more-th

⁴⁰ Ehrlich, B. (2014). Cladding: More Than Just a Pretty Façade. Building Green, September 2, 2014. URL: https://www.buildinggreen.com/feature/cladding-more just-pretty-fa-ade



The Wood Innovation Design Centre at the University of Northern British Columbia in downtown Prince George used the Shou Sugi Ban technique of creating a charred wood finish (Image courtesy of Ed White).

Architectural wood finishes provide warmth and beauty to both interiors and exteriors and can be used on a number of building elements such as partitions, ceilings, floors, doors, millwork and trim to name a few. Incorporating wood into interior design can create a restorative environment, bringing in a biophilic design feature to the space and connecting the occupant with an indirect experience of nature^{41, 42}.

With a careful selection of a low VOC coating, wood can contribute to indoor air quality, provide a warm inviting environment as well as add artistic appeal and value to a project while contributing to the biophilic elements in a project.

2.3 Portland-Limestone Cement (PLC)



Vancouver Convention Centre, Vancouver, B.C. A LEED Platinum building with interior wood finishes⁴⁴ (Image Courtesy of <u>www.naturallywood.com</u>.)

An Environmental Product Declaration (EPD) of PLC (Contempra) has been registered by the Cement Association of Canada with the CSA Group. This contributes to LEED v4 MRc Building Product Disclosure and Optimization - Environmental Product Declarations.

⁴¹ Kellert, S., & Calabrese, E. (2015). The Practice of Biophilic Design. URL: http://www.bullfrogfilms.com/guides/biodguide.pdf 42 Augustin, S. & Fell, D. (2015). Wood as a Restorative Material in Healthcare Environments. URL: https://fpinnovations.ca/media/publications/documents/ health-report.pdf

⁴³ http://www.vancouverconventioncentre.com/about-us/art-project/floats

Canadian PLC
is structurally
equivalent to
ordinary Portland
cement with a
10% reduction in
embodied carbon.

The cement industry is a carbon intensive industry accounting for roughly 5% of the world's human-made CO₂ emissions. PLC (branded in Canada as Contempra⁴⁴) is produced by intergrinding regular Portland cement clinker with between 6-15% limestone. Production Portland cement clinker accounts for the majority of CO₂ emissions in the cement manufacturing process. Limestone added to the clinker in the production of PLC reduces the clinker content in the resulting cement, which therefore contains less embodied carbon.

Prior to 2011 limestone content was restricted to 5% in Canada; this was increased to a maximum of 15% limestone with the addition of PLC to the CSA C3001 Cementitious Materials Compendium⁴⁵ in 2008 and to CSA A23.1 Concrete Materials



Portland-Limestone cement was used in the construction of the LEED Platinum Metrotower III in Burnaby, B.C. (Image courtesy of © Ledcor. All rights reserved).

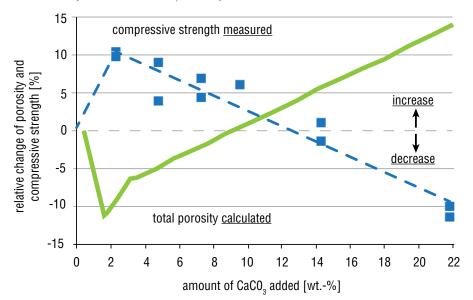
General guidelines for the use of Portland cement and Portland-Limestone Cement

Name	Portland Cement	Portland- Limestone Cement	Application
General use hydraulic cement	GU	GUL	For use in general construction when the special properties of the other types are not required.
High-early-strength hydraulic cement	HE	HEL	For use when high-early-strength is required.
Moderate suphate- resistant hydraulic cement	MS	ı	For use in general concrete construction exposed to moderate sulphate action.
High sulphate-resistant hydraulic cement	HS	1	For use when high sulphate resistence is required.
Moderate heat of hydration hydraulic cement	MH	MHL	For use in general concrete construction when moderate heat of hydration is required.
Low heat hydration hydraulic cement	LH	LHL	For use when low heat of hydration is required.

Types of hydraulic cement allowed in CSA A23.1-09. The restriction in note (2) was relaxed in the 2014 update to allow for the use of Portland-Limestone cement in sulphate environments.

 ⁴⁴ Cement Association of Canada (2016). Contempra (Portland-Limestone Cement): A New Lower Carbon Cement. Cement Association of Canada (CAC) website URL: http://www.cement.ca/en/Manufacturing/Contempra-Portland-Limestone-Cement-A-New-Environmentally-Friendly-Cement-Type.html
 45 CSA (2013). Cementitious Material Compendium. CSA C3001-13. Mississauga, ON: Canadian Standards Association (CSA).

Influence of limestone addition on porosity and strength of resulting concrete. (Matschei et al. 2007)



and Methods of Concrete Construction⁴⁶ in 2009. The 15% level was selected based on European experience and Canadian testing to provide a product that is structurally equivalent to ordinary Portland cement with a 10% reduction in embodied carbon.

The addition of limestone contents less than 15% do not affect the material properties of the resulting concrete. During hydration the limestone reacts with aluminates in the clinker to produce carboaluminates, which decrease the porosity of the concrete and increase the strength. This effect accounts for the losses from reduced clinker content⁴⁷. As a result PLC in Canada is equivalent in strength with regular Portland cement.

When first released in Canada, PLC was restricted from use in environments with sulphate exposure. Subsequent testing has shown positive results for PLC in such soil conditions and has expanded the use of PLC subject to the requirements outlined



Portland-Limestone Cement was used in the construction of Telus Garden, a 22-storey office building in downtown Vancouver. The dramatic entrance features a sweeping roof with curved glulam beams (Image courtesy of Henriquez Partners Architects).

Vancouver has adopted PLC for use in some infrastructure applications, including sidewalks and gutters.

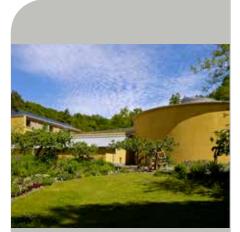
The City of

 ⁴⁶ CSA (2014). Cement Materials and Methods of Concrete Construction. CSA A23.1-14. Mississauga, ON: Canadian Standards Association (CSA).
 47 Matschei, T., Herfort, D., Lothenbach, B., and Glasser, F.P. (2007). Relationships of Cement Paste Mineralogy to Porosity and Mechanical Properties. In Proceedings of the Modelling of Heterogeneous Materials (MHM) with Applications in Construction and Biomedical Engineering. Prague, CZ. June 25-27, 2007, p. 362-363.

2.4 Other low carbon building materials



The VanDusen Botanical Garden Visitor Centre uses low-carbon building materials such as wood and stabilized rammed earth (Image Courtesy of Sirewall⁴⁹).



The Wales Institute for Sustainable Education (WISE) building at the Centre for Alternative Technology in Machynlleth, United Kingdom, uses many low carbon building materials including a 7.2 metre cement stabilized rammed earth wall, Forest Stewardship Certified (FSC®) glulam timbers, and hempcrete50 (Image courtesy of Russ Hamer).

in CSA A23.148. PLC is available in British Columbia from LefargeHolcim and Lehigh Hanson Canada.

Beyond wood and PLC, there are many other low carbon building materials that can be used in the commercial and institutional building industry in Canada. These materials can be found in commercial and institutional buildings in other areas around the world, including Europe, and are able to perform well architecturally, structurally, and often have a high energy performance and low embodied carbon. Five low carbon building materials that are being used more frequently due to the associated environmental and health benefits will be reviewed in this section.

Supplementary Cementing Materials

Portland cement clinker use may be reduced with the use supplementary cementing materials (SCMs:

referred to in LEED as supplementary cementitious materials). As many types of SCMs are waste byproducts from other industries, their use in concrete mixes may contribute toward the targeting of LEED credits: MRc Building Life-Cycle Impact Reduction⁵¹ and MRc Building Product Disclosure and Optimization -Sourcing of Raw Materials. Typical SCMs include fly ash, ground granulated blast furnace slab (GGBFS), and silica fume, which may be incorporated through intergrinding with cement clinker or added during concrete mixing. Resources for the specification and use of SCMs in concrete are provided by the Cement Association of Canada (CAC)52 and the Portland Cement Association (PCA)53.

Fly ash is produced from the combustion of coal at coal-fired power generation facilities and has been used in concrete since the 1930s54. The behavior of fly ash in concrete is most dependent on the calcium content; specification in Canada

⁴⁸ Cement Association of Canada (2016). Contempra (Portland-Limestone Cement): A New Lower Carbon Cement. Cement Association of Canada (CAC) website URL: http://www.cement.ca/en/Manufacturing/Contempra-Portland-Limestone-Cement-A-New-Environmentally-Friendly-Cement-Type.html

http://trimtab.living-future.org/case-study/vandusen-botanical-garden-visitor-centre https://www.architectural-review.com/today/wales-institute-for-sustainable-education-by-david-lea-and-pat-borer-machynlleth-wales-uk/8609396.article

http://cwc.ca/wp-content/uploads/2013/11/LEED-Case-Study.pdf

Cement Associate of Canada (CAC). Ottawa, ON. URL: www.cement.ca Portland Cement Association (PCA). Skokie, IL. Website: www.cement.org

Thomas, M. (2007). Optimizing the Use of Fly Ash in Concrete. Report IS548. Portland Cement Association (PCA). Skokie, IL.

in CSA A3001 Cementitious Materials for Use in Concrete separates fly ash into three types: F, CI, and CH. Generally. well-proportioned concrete with fly ash is associated with a reduction in water use, improved workability, reduced bleeding and segregation, decreased air entrainment, and increased setting time.

Ground granulated blast furnace slab (GGBFS) is a by-product produced from the processing of iron ore to produce steel. Type S GGBFS may be used with up to 70% cement replacement, typically resulting in improved workability, shorter set time, higher strength, and improved resistance to sulphate attack55. Further information on GGBFS may be found through the Slag Cement Association⁵⁶.

Silica fume is a byproduct from the production of silicon and ferro-silicon alloys. Silica fume is a highly effective pozzolan that is used to produce highstrength concrete. Further information may be found through the Silica Fume Association⁵⁷.

Rammed Earth

Earth is one of the most commonly used and oldest building materials in the world. In recent years, there has seen a renewed interest in Europe and North America with using earth as a building material in modern construction. Using rammed earth as a building material, popularized by the French⁵⁸ in the late 1800s, has become so popular in certain areas that building codes specifically focused on earthen materials, such as the New Mexico Earthen Building Materials Code, have appeared⁵⁹.

Structural Insulated Rammed Earth is a structural sandwich wall system typically 18" to 24" thick⁶⁰. It uses local soil combined with 6 - 10% cement compacted on either side of a hidden insulation core. This system has seen many applications in Canada and the United States. While the system had not yet been tested with PLC at the time of writing, it can be combined with local soil to achieve similar results. The system is stabilized with compacted earth and rebar to address seismic conditions. This high

Using SCMs in projects can also contribute to LEED credits, including MRc Building Life-Cycle Impact Reduction; MRc Building Product and Optimization (BPDO) -Environmental Product Declarations; MRc BPDO - Sourcing of Raw Materials: MRc BPDO - Material Ingredients; and RPc Regional Priority: MRc Building Life-Cycle Impact Reduction (all of B.C.).



Nk'Mip Desert Cultural Centre, Osoyoos, B.C. (Image courtesy of Sirewall).

Slag Cement Association (2013). Slag Cement and Fly Ash. Publication No. 11. Slag Cement Association (SCA). Farmington Hills, Ml.
 Slag Cement Association (SCA). Farmington Hills, Ml. URL: www.slagcement.org

⁵⁷ Silica Fume Association (SFA). Lovettsville, VA. URL: www.silicatume.org
58 French Rammed Earth (n.d.). URL: http://rammedearthconsulting.com/rammed-earth-france.htm
59 New Mexico Earthen Building Materials Code (2015).

⁶⁰ Sirewall: Structural Insulated Rammed Earth (2016). URL: http://sirewall.com

The structural block uses the natural insulating hurd material from the industrial help plant.

performance wall also provides thermal mass and efficiency with a distinctive, visceral connection to the earth without the need for additional sealants, siding or drywall. When choosing rammed earth as a building material, it is important to consider depth of experience and proven protocols to achieve consistent overall strength and durability.

Biofiber

Biofiber is a high performance modular block wall system with a negative carbon material classification⁶¹. It can replace concrete blocks/panels/insulated concrete forms or a multicomponent wood-frame construction with a simple inter-locking structural building block system. There is also a closely associated Hemp Lime material called hempcrete. It can be used in a number of building typologies, including institutional projects, offering fast construction with high insulation qualities and load bearing capacity.

It can be used in a variety of applications including but not limited to institutional applications. It achieves high insulation values (up to R40), thermal retention and 100% thermal break, as well as sound attenuation, increased durability, fire resistance and mold resistance.

The structural block uses the natural insulating hurd material from the industrial

hemp plant. This biological plant fiber removes carbon dioxide from the air while it grows. The hemp lime block uses a binder that reclaims $\mathrm{CO_2}$ released in its production. As result of reduced energy input during the extraction and processing / manufacture and transportation with the natural materials ability to sequester carbon, these combined materials subsequently have a negative $\mathrm{CO_2}$ emission rating.

Straw bale

Straw bale construction uses bales of straw from wheat, oats or barley that are then covered in plaster⁶². Straw is a low carbon building material and is typically considered a waste product by farmers, who often burn off what they cannot sell for animal bedding or landscaping. The burning creates air quality problems and greenhouse gas emissions.

Straw bale construction can be combined with other construction methods such as nail laminated posts or timber frame to support the roof. When built without timber-frame, the walls have to be compacted with steel cables and a ladder-like, wood structure must be added to the top course of bales to which roof trusses can be secured. Various type of straw bale construction exist, including prefabricated straw bale panels and traditional straw bales. Although



61 Just Biofiber Structural Solutions (2014). URL: http://justbiofiber.ca/

⁶² Sutton, A., Black, D., & Walker, P. (2011). Straw Bale. URL: https://www.bre.co.uk/filelibrary/pdf/projects/low_impact_materials/IP15_11.pdf



Straw bale Research Building, University of Manitoba, Winnipeg, Manitoba. (Image courtesy of University of Manitoba).

often related to residential applications only, examples of commercial and institutional buildings exist, notably in the United Kingdom. The Alternative Village at the University of Manitoba in Winnipeg⁶³ has been researching and testing this method of construction as well as other through industry partnerships for approximately 15 years.

Hempcrete

Similar to Biofiber, Hempcrete (or Hemplime) is a bio-composite material

made of the inner woody core of the hemp plant mixed with a lime-based binder. The hemp core or "Shiv" has a high silica content which allows it to bind well with lime. This property is unique to hemp among all natural fibers. It lacks the brittleness of concrete and consequently does not need expansion ioints. The result is a lightweight insulating material ideal for most climates as it combines insulation and thermal mass and can even be used in foundations, pipes or as plaster and floor slabs. Hempcrete can also be used in combination with hemp bales in a technique similar to straw bale construction.

The typical compressive strength is around 1 MPa, around 1/20 that of residential grade concrete. It is a low density material and resistant to crack under movement thus making it highly suitable for use in earthquake-prone areas. Hempcrete walls must be used together with a frame of another material that supports the vertical load in building construction, as hempcrete's density is 15% that of traditional concrete.⁶⁵

Hempcrete is a low density material and resistant to cracking under movement thus making it highly suitable for use in earthquake-prone areas.



Knowle West Media Centre, Bristol, UK, using ModCell prefabricated straw bale panels (Image courtesy of ModCell).

⁶³ Straw Bale Research at the University of Manitoba (n.d.). URL: http://www.arch.umanitoba.ca/greenmap/pages/GM_oj%26tp_strawbaleUM%20/index.html

Modcell (2017). URL: http://www.modcell.com/projects/knowle-west-media-centre/
 Flahiff, Daniel (August 24, 2009). "Hemcrete®: Carbon Negative Hemp Walls". Inhabitat.



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3.0 Leadership in Energy and Environmental Design (LEED)

3.0 Leadership in Energy and Environmental Design (LEED)



The B.C. Cancer Research Centre in Vancouver was one of the first LEED Canada certified projects, achieving LEED Gold certification in 2005. (Image courtesy of IBI Group/Henriquez Partners Architects in Joint Venture. Photographer: Nic Lehoux).



Operations Centre, Gulf Islands National Park Reserve, Sidney, BC was the first project to be awarded LEED Platinum in BC (2006) (Image courtesy of McFarland Marceau Architects Ltd. and Willie Perez, P. Eng.). The LEED green building rating system has been on the North American market for almost 20 years. In 1998, the USGBC released the first pilot version of LEED for New Construction (NC). In 2004 the system was adopted and adapted for the Canadian market, and as of February 2017, over 6,000 projects have been registered and certified in Canada, accounting for over 63 million gross square metres of certified and registered space.

Globally, LEED has been used in over 160 countries worldwide; the top countries with the highest number of LEED certified buildings outside the US, includes: Canada, China, India, and Brazil. The US far exceeds all other countries with 27,699 LEED projects culminating in 336.84 gross million square metres; figures were reported by the USGBC as of December 14, 2016. As of 2016, BC had the highest

number of LEED Gold and Platinum public buildings in Canada, with almost 40% the national total.

Originally designed for New Construction (NC) buildings only, LEED has expanded over the last decade to five rating systems that serve different project types and scales.

LEED Project Types

Building Design + Construction

Building Operations and Maintenance

Interior Design and Construction

Neighborhood Development

Homes

Based on: LEED Project Types (ref: http://www.usgbc.org/leed)

LEED certification levels are based on minimum points thresholds. Although LEED rating system points thresholds have traditionally varied, they have now been standardized as noted in the table below.

LEED Certification	Points Threshold
Certified	40-49
Silver	50-59
Gold	60-79
Platinum	80+

LEED in Canada

In 2002, the CaGBC was formed to advance green buildings in Canada, and in 2004, subsequently released the first version of LEED Canada for New Construction (NC). From 2004 - 2009 the CaGBC adapted other Canadian-specific versions of LEED from the original USGBC versions; these rating systems addressed homes, commercial interiors, existing buildings and neighbourhood developments.

The USGBC first announced the release of LEEDv4 in 2013. Rather than continue to develop country specific rating systems, the new direction for international LEED projects was to follow the US LEED system, which includes country-specific

guidance for specific credits, in the form of Alternative Compliance Paths (ACPs). As of November 1, 2016 all newly registered LEED projects must must register under LEED v4 and document credit achievement through LEED Online.

Major Changes from LEED 2009

The release of LEEDv4 introduced the most substantial changes the rating system has seen to date. These include administrative, format, and content changes, which are described below.

Administrative Changes

LEEDv4, unlike previous versions of LEED in Canada, is administered by the USGBC and certified by the Green Business Certification Inc. (GBCI). Recently, the CaGBC and USGBC have collaborated to ensure Canadian projects can register through LEED Online, further simplifying registration. LEED Online is an intuitive online platform which allows project team members to easily upload submittals and fill out online forms, and supports design and construction reviews, as well as appeals, should they be desired by the project team.



Gibsons Elementary School, LEED Canada 2009, Gold certified (Image courtesy of Ed White/KMBR).

Major events in the development of LEED in Canada.

Event	Date
Formation of CaGBC	2002
LEED Canada NC v1.0 is released	2004
LEED Canada Commercial Interiors (CI) v1.0 is released	2006
First major addendum to LEED Canada NCv1.0	2007
LEED Canada Existing Buildings: Operations & Maintenance (EB:OM) 2009 is released	2009
LEED Canada NC 2009 is released	2010
LEED v4 is launched by the USGBC	2013
LEEDv4 is required for all newly registered projects.	November 1, 2016

LEEDv4 has
undergone several
major format
changes, the most
relevant being that
two new credit
categories were
created... Integrative
Process (IP) and
Location and
Transportation (LT)

For international projects, such as projects in Canada, the USGBC has developed country-specific Alternative Compliance Paths (ACPs). As of February 2017, six ACPs have been approved for Canadian projects targeting LEED v4 BD+C:

- LEED BD+C LT, Sensitive Land Protection
- LEED BD+C Healthcare SS, Places of Respite
- LEED BD+C EA, Optimize Energy Performance
- LEED BD+C MR, Legal Wood
- LEED BD+C Healthcare EQ, Minimum IAQ Performance
- LEED BD+C Healthcare EQ, Construction Indoor Air Quality Management Plan

Major Format Changes

LEEDv4 has undergone several major format changes, the most relevant being that two new credit categories were created:

 Integrative Process (IP) and Location and Transportation (LT).

IP looks to ensure that projects are using an integrated design approach, and requires pre-schematic design energy and water

Credit Categories in LEEDv4

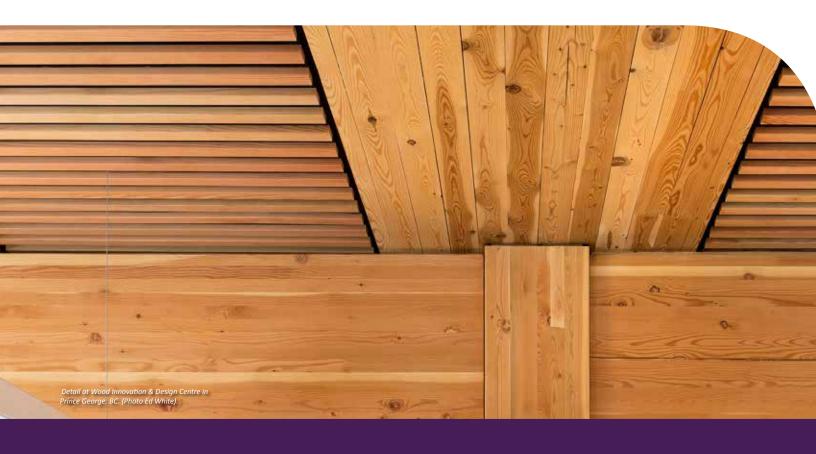
Integrative Process (new)
Location and Transportation (new)
Sustainable Sites
Water Efficiency
Energy and Atmosphere
Materials and Resources
Indoor Environmental Quality
Innovation in Design
Regional Priority

consumption analysis for the building and the site. LT has adopted several credits originally included in the Sustainable Sites category and has added additional credits such as LEED for Neighborhood Development Location and High Priority Site.

LEED 2009 saw seven minimum program requirements (MPRs) that have either been combined, added to a credit or a prerequisite, or removed completely for LEEDv4, which now has three MPRs. MPRs are the rating system's base minimum requirements; all projects must achieve the three MPRs to be eligible to pursue LEED certification.

Minimum program requirements in LEED v4.

- 1. Must be in a permanent location on existing land.
 - 2. Must use reasonable LEED boundaries.
- 3. Must comply with project size requirements.



Comprehensive Guide LEED v4 and Low Carbon Building Materials

4.0 Detailed review of how low carbon materials earn credits under LEED v4

4.0 Detailed review of how low carbon materials earn credits under LEED v4

This section will describe the nine LEED BD+C credits to which low carbon building materials such as wood and PLC can directly contribute.

Low carbon building materials and relevant LEED credits.

Category	Credit	Points
Materials and Resources	Building Life-Cycle Impact Reduction	5 (6 for CS)
	Building Product Disclosure and Optimization - Environmental Product Declarations	2
	Building Product Disclosure and Optimization - Sourcing of Raw Materials	2
	Building Product Disclosure and Optimization - Material Ingredients	
	Furniture and Medical Furnishings (Healthcare Only)	2
Indoor Environ-	Low Emitting Materials	3
mental Quality	Indoor Air Quality Assessment	2
Innovation	Innovation	5
Regional Priority	Regional Priority – MRc Building Life-Cycle Impact Reduction (all regions of B.C.)	1

Other LEED BD+C prerequisites and credits may also be affected by choosing low carbon building materials. For example, using wood studs can reduce thermal breaks, which will support a more energy efficient design, and wood finishes may positively contribute to acoustic performance. Using PLC in paving and other site specific materials, although not rewarded by LEED credits, will also contribute to a lower embodied carbon footprint of a development.

Since LEED 2009, up to four points are available to projects under a category titled Regional Priority. Points are awarded based on the project's achievement of one or more predetermined LEED credits identified by the <u>CaGBC</u> or <u>USGBC</u> as a regional priority for the project's location. All predetermined LEED credits, up to six for each regional location, are credits already included in the LEED rating system.

Materials and Resources

The LEED BD+C v4 Materials and Resources category primarily focuses on how building materials used in the construction and operation of buildings can impact the environment. Using low carbon materials can directly contribute towards satisfying four LEEDv4 credits.

Materials and Resources Credit: Building Life-Cycle Impact Reduction

Possible points for BD+C: 2-5

Intent

"To encourage adaptive reuse and optimize the environmental performance of products and materials⁶⁶."

Requirements

This credit focuses on reducing the environmental impacts of new buildings by encouraging the reuse of historic, blighted or abandoned buildings (with minimum surface area retention thresholds), or through the use of salvaged structural materials, or through the use of whole building lifecycle assessment. Each option presents minimum thresholds for achievement, and all options are linked to pre-schematic design project decision-making. For the purposes of this Guide, we have focused on Option 4: Whole Building Life Cycle Assessment. This credit's four compliance options are summarized on the right side of the page.

Description

This credit looks at the environmental impact of a building's structure and enclosure over its entire lifecycle, from cradle to grave. Life Cycle Assessment (LCA) has been largely overlooked in LEED, and this credit now offers a whole building life cycle assessment

option, with a mandatory 10% threshold reduction in at least three of the six predetermined impact categories. The impact categories are:

- Global warming potential; this threshold is mandatory for all projects undertaking this credit.
- Depletion of stratospheric ozone.
- Acidification of land and water sources.
- Eutrophication.
- Formation of tropospheric ozone.
- Depletion of non-renewable energy sources.

Considering the overall lifecycle impact of a project's structural materials can help reduce a building's embodied carbon and other environmental impacts.

Tips for achieving this credit:

- Use an LCA calculator, such as the Athena Institute's Impact Estimator⁶⁷, that has an extensive product catalogue and includes material data for wood products and Canadian PLC.
- Create a baseline model early during schematic design. Use the baseline model to compare with proposed design decisions with input from the design team. Update baseline and proposed models accordingly throughout the design.

MR credit Building Life-Cycle Impact Reduction

Option 1 (5 points)

Historic Building Reuse

OR

Option 2 (5 points)

Renovation of Abandoned or Blighted Buildings

OR

Option 3 (2-4 points)

Building and Material Reuse

OR

Option 4 (3 points)

Whole-Building Life-Cycle Assessment

⁶⁶ LEED v4 BD+C Reference Guide page 495

⁶⁷ Athena Sustainable Materials Institute (2017). URL: http://www.athenasmi.org/

Combine early LCA outputs
 with early energy modelling for
 performance-based design approach.
 Consider also coordinating with
 other disciplines such as building
 envelope consultant to inform
 design.

Changes from LEED 2009

This credit has combined two LEED 2009 credits: MRc1.1 and MRc1.2 Building Reuse, and also added new options. The Option 4 life-cycle impact assessment option is a new requirement which was not previously available under LEED v2009.

ESTIMATED ENVIRONMENTAL IMPACT OF WOOD USE



Volume of wood products used: 2,233 cubic meters of CLT and Glulam



U.S. and Canadian forests grow this much wood in: 6 minutes



Carbon stored in the wood: 1,753 metric tons of CO₂



Avoided greenhouse gas emissions: 679 metric tons of CO,



Total potential carbon benefit: 2,432 metric tons of CO₂

THE ABOVE GHG EMISSIONS ARE EQUIVALENT



511 cars off the road for a year



Energy to operate a home for 222 years

"Estimated by the Wood Carbon Calculator for Buildings, based on research by Sathre, R.
and J. O'Connor, 2010, A Synthesis of Research on Wood Products and Greenhouse Gallmpacts, Filmovations (this relates to carbon stored and avoided GHG).

"CO2 in this case study refers to CO2 equivalent

Image courtesy of Naturally: Wood.



The new Brock Commons Tall Wood House student residence at the University of British Columbia in Vancouver features 17-storeys of timber structure over a single concrete level. A whole building life-cycle analysis was undertaken on the building. (Image courtesy of www.naturallywood.com).

Materials and Resources Credit: Building Product Disclosure and Optimization - Environmental Product Declarations

Possible points for BD+C: 1-2

Intent

"To encourage the use of products and materials for which life-cycle information is available and that have environmentally, economically, and socially preferable life-cycle impacts. To reward project teams for selecting products from manufacturers who have verified improved environmental life-cycle impacts." 68

Requirements

This credit rewards manufacturer transparency, regional manufacturing, and emissions reductions. Products with an ISO compliant, generic industry or Type III product-specific environmental product declaration (EPD), contribute to this credit through Option 1. This credit also rewards manufacturers, through Option 2, who demonstrate impact reductions below industry standard in at least three of six predetermined impact categories; the same impact categories noted in the MR: Building Life-Cycle Impact Reduction credit. Additional credit is given to products with a total life cycle, (extracted, manufactured, purchased, installed), completed within 100 miles or 160 km of the project site; this approach uses a multiplier effect, valuing regional products with impact reductions at 200% of their material cost to the project. Note: Only 30% of structure and enclosure materials, by cost, are allowed to be counted towards Option 2 for this credit.

This credit's options are summarized right.

Description

This credit focuses greater consumer attention on manufacturer disclosure, standardizes disclosure reporting, and manufacturer encourages widespread disclosure of emissions across many product types and applications. Option 1 distinguishes between generic industry EPDs and product-specific EPDs, by valuing product-specific EPDs as 1 product; generic industry EPDs are valued at 0.5 of a product. In order to achieve the requirement of 20 product-specific EPDs from a minimum of five manufacturers, it is likely that project teams will focus on the specification of products with productspecific EPDs over generic industry EPDs. This presents an excellent opportunity for manufacturers of low-carbon materials to focus their efforts in this area.

Regional manufacturers who demonstrate impact reductions in a minimum of three of the six predetermined impact categories also receive a value multiplier effect, as noted in the Requirements section above. This multiplier presents an excellent opportunity for regional manufacturers of low-carbon materials to innovate, and establish regular reporting, through EPDs and corporate social responsibility (CSR) frameworks, which demonstrate their impact reductions.

Note: EPDs are one standardized way of communicating the environmental effects associated with a product or system's raw material extraction, energy use, chemical makeup, waste generation, and emissions to air, soil, and water. It is important to note that before EPDs can be created for a given industry, Product Category Rules (PCRs)

MR credit Building Product
Disclosure and Optimization—
Environmental Product
Declarations

Option 1
(1 point)
nmental Prod

Environmental Product Declaration (EPD)

AND/OR

Option 2
(1 point)

Multi-Attribute
Optimization

Evaluation Reports

A large list of products with EPDs

can be found at ICC Evaluation

Service: http://www.icc-es.org/ep/

epd-directory.shtml. A list of wood

related EPDs can also be found at

Canadian Wood Council: http://

cwc.ca/green/epds/.

must first be written and approved by a third-party, to provide a standardized format for the industry's EPD. Product Category Rules are typically created by Program Operators, who also offer third-party EPD approval, however it is possible for industry to collaborate with Program Operators to create PCRs. Well known North American Program Operators include:

- **ASTM**
- **FP** Innovations
- NSF International
- SCS Global Services
- **UL** Environment

Several of these Program Operators have recently formed the Program Operator Consortium, to increase PCR and EPD standardization, and delivering education to industry on expiring PCRs, verifying EPDs and LCA reports, and providing access to a North American catalogue of PCRs and EPDs.

Tips for achieving this credit

- During schematic design, identify typical structural and finishing material types which have productspecific versus general industry EPDs. If in doubt, consult public lists of Product Category Rules (PCRs), which will indicate the product type's level of regulation.
 - At the time of writing, the following product types had PCRs approved by UL Environment⁶⁹:
 - Bg Metals
 - Curtain Wall
 - **Engineered Stone**

- Non-Metal Ceiling **Panels**
- Paints and Varnishes
- Flooring
- At the time of writing, the following product types had PCRs approved by FP Innovations⁷⁰:
 - Architectural and Structural Wood **Products**
 - **Gypsum Boards**
- At the time of writing, the following product types had PCRs approved by NSF International⁷¹:
 - **BIFMA Office Furniture** Workspace Products
 - **Architectural Coatings**
 - **GANA Flat Glass**
 - Residential Countertops
 - BIFMA Storage
 - Flooring: Carpet, Resilient, Laminate. Ceramic, Wood
 - BIFMA Seating
 - RCMA PCR for Roof Coatings
- Work with the architect and interior designer to identify products with EPDs, and update the finishes schedule to reflect these products.
- Consider a policy of not accepting substitutes for products with EPDs.
- Collect manufacturer EPDs during the design phase, for all EPD products specified on the finishes schedule.
- Provide detailed guidance on sourcing and provide documentation for EPDs in the architectural and/

⁶⁹ Product Category Rules (2017). URL: http://industries.ul.com/environment/transparency/product-category-rules-pcrs
70 EPD Program (2017). FP Innovations. URL: https://industries.ul.com/environment/program/Pages/default.aspx
71 The Public Health and Safety Organization (2017). Product Category Rules. URL: https://www.nst.org/services/by-industry/sustainability-environment/prod-pdf uct-transparency-reports/product-category-rule

- or interior design specifications and drawings.
- Review contractors' proposed substitutions during pre-tender or tender and approve based on EPD document submission.
- Ensure sub-contractors are briefed about EPDs and the project's substitution policy prior to product ordering.
- Require all sub-contractors to submit EPDs for specified product prior to product ordering and installation on-site.
- Track all compliant products on-site.

Changes from LEED 2009

This is a new credit in LFFDv4.

Materials and Resources Credit: Building Product Disclosure and Optimization - Sourcing of Raw Materials

Possible points for BD+C: 1-2

Intent

"To encourage the use of products and materials for which life cycle information is available and that have environmentally, economically, and socially preferable life cycle impacts. To reward project teams for selecting products verified to have been extracted or sourced in a responsible manner."

Requirements

This credit offers two compliance paths for product selection, which can be combined; wood and PLC products can contribute under both Options. This credit's options are summarized right.

This credit rewards manufacturers with self-declared annual reporting (valued at 0.5 of a product), or annual reporting which meets third-party corporate social responsibility (CSR) frameworks, such as Global Reporting Initiative (GRI), Organization for Economic Co-operation and Development (OECD) Guidelines for Multinational Enterprises, UN Global Compact and ISO 26000 (valued at 1 product). The goal is

to source 20 products from 5 different manufacturers which meet the criteria (Option 1); if products also meet criteria outlined under Option 2, an additional point is awarded.

This credit also rewards manufacturer practices which reduce extraction-related impacts (Option 2), such as:

- Take back programs of consumer products at end of life, known as extended producer responsibility (EPR).
- Incorporation of bio-based materials, which comply with Sustainable Agriculture Network's Sustainable Agriculture Standard (SAN); includes agricultural and forestry products.
- Wood or wood-alternative products such as bamboo, strawboard, or wheatboard, which comply with Forest Stewardship Council (FSC) certification or a USGBC-approved equivalent.
- Incorporation of reused, or salvaged, materials or components.
- Incorporation of recycled content, where post-consumer content is given full value, and pre-consumer is given 0.5 value.

MR credit Building Product
Disclosure and Optimization—
Sourcing of Raw Materials

Option 1 (1 point)

Raw Material Source and Extraction Reporting

AND/OR

Option 2 (1 point)

Leadership Extraction Practices

ASTM D7612-10 (2015) DEFINES LEGAL SOURCES AS:

- Fiber from jurisdictions with a low risk of illegal activity, or from controlled wood, stair-step, legality assessments, or other proprietary standards.
- Forest certification or management standards must be governed by public legislation, or regulatory processes, or consensus-based.
- Required documents must show traceability to the applicable jurisdiction.

ASTM D7612-10 (2015) DEFINES RESPONSIBLE SOURCES AS:

- Meeting all requirements under Legal Sources, and
- Allowing proprietary standard governance in place of public legislative or consensus-based governance; and
- Requiring traceability by a certified procurement system, or chain of custody system, in place of traceability to the applicable jurisdiction; and
- Requiring compliance for water quality protection best management practices; or
- Forest Management Plans in substantial compliance with Guide D7480-08 or equivalent.

 Products with a total life cycle, (extracted, manufactured, purchased, installed), within 100 miles or 160 km of the project site; this approach uses a multiplier effect, valuing regional products with impact reductions at 200% of their material cost to the project. Note: Only 30% of structure and enclosure materials, by cost, are allowed to be counted towards Option 2 for this credit.

The goal is to source 25% of products, by cost, which meet the above criteria, as a percentage of the total permanently installed products, by cost, on the project.

At the time of writing, USGBC was offering a <u>Pilot Alternative Compliance Path (ACP)</u> <u>titled Legal Wood.</u> This Pilot ACP rewards manufacturer products under Option 2, and has its own set of criteria:

Multiplier effect for wood products from ASTM D7612-10 Certified Sources; these products are valued at 100% of their cost if they meet both of the conditions noted below: Chain of custody systems such as American Tree Farm System (ATFS), Canadian Standards Association (CSA), FSC, Programme for the Endorsement of Forest Certification (PEFC), and Sustainable Forestry Initiative (SFI) certification would all meet one of the requirements noted under Responsible Sources above.

Description

The extraction of raw materials directly impacts ecosystems, and therefore this credit encourages manufacturers to move towards, or expand upon existing, responsible extraction practices.

In this credit, wood products can contribute under both Options 1 and 2. Under Option 2, it is possible for all types of wood products, including composite wood, and alternative-wood products:

- To comply with EPR requirements.
- To comply with FSC certification.
- To meet regional manufacturing and harvesting requirements.

Condition 1 Condition 2 100% of wood from ASTM D7612-10 Legal 70%, by cost, of wood from ASTM D7612-Sources 10 Responsible Sources Required inclusions: Required inclusions: Structural framing Structural framing General dimensional framing General dimensional framing Flooring Flooring Sub-flooring Sub-flooring Wood doors Wood doors Finishes Finishes

• To comply with the Pilot ACP Legal Wood requirements.

Under Option 2, it is possible for composite, and alternative, wood products:

- To comply with recycled content requirements.
- To comply with reuse or salvaged requirements, although this is far rarer than recycled content.

As of February 2016, 45% of LEED Canada 2009 projects that were certified to Gold, achieved the LEED Canada 2009 Materials and Resources credit, Certified Wood, which required at least 50% of wood, by cost, used on the project to be FSC certified (source: CaGBC). British Columbia has FSC certified forests and manufacturers that have chain-of-custody certification; sourcing B.C.-manufactured products contributes to the local B.C. economy.

In this credit, PLC products can contribute under both Options 1 and 2. Under Option 2, it is possible for PLC products:

- To comply with EPR requirements.
- To comply with recycled content requirements.
- To meet regional manufacturing and harvesting requirements.

Reducing the amount of raw material extraction can also reduce a project's overall carbon intensity. For example, a recent study compiled data looking at the embodied carbon reduction in concrete that uses various levels of flyash. Flyash is a by-product of the coal industry and is commonly specified in LEED projects as a supplementary cementitious material (SCM). Using flyash in concrete has several benefits, including reducing embodied carbon and using an otherwise waste product and diverting it from a landfill.

Tips for achieving this credit

- During schematic design, identify typical structural and finishing products which either comply with one or more of Option 2 requirements OR whose manufacturers have third party verified CSR reports which comply with one of the Option 1 requirements.
 - At the time of writing, the most infrequently seen third-party CSR report frameworks were:
 - Organization for Economic Co-Operation and Development (OECD) Guidelines for Multinational Enterprises.
 - UN Global Compact.

Effect of cement replacement with fly ash on embodied carbon of concrete⁷³.

Concrete Grade	Embodied Carbon (kg CO ₂ -e/kg) Cement Replacement with Fly Ash (%)				
	0%	15%	30%		
RC 20/25 (20/25 MPa)	0.132	0.122	0.108		
RC 25/30 (25/30 MPa)	0.140	0.130	0.115		
RC 28/35 (28/35 MPa)	0.148	0.138	0.124		
RC 32/40 (32/40 MPa)	0.163	0.152	0.136		
RC 40/50 (40/50 MPa)	0.188	0.174	0.155		

⁷³ Akbarnezhad, A. (2017). Estimation and Minimization of Embodied Carbon of Buildings: A Review URL: www.mdpi.com/2075-5309/7/1/5/pdf

RAPIDLY RENEWABLE MATERIALS:

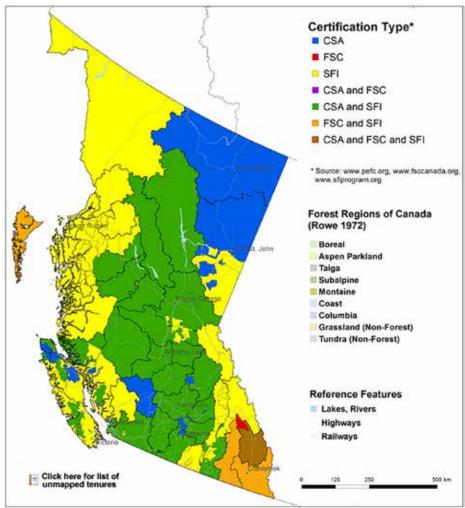
In previous versions of LEED, rapidly renewable materials were defined as materials with a harvest cycle of 10 years of less (LEED Canada 2009, p. 424); typical materials include bamboo, straw, wheat, cotton, and hemp. LEEDv4 has adjusted compliance requirements for rapidly renewable materials, and now requires that non-wood, bio-based products meet Sustainable Agriculture Standard, as noted above under Option 2. An example of a bio-based product that falls within this category is biofiber, a pre-fabricated block system using hemp. Wood and alternative wood products that can certify to FSC must be FSC certified to be considered for this credit. For example, bamboo, a grass with a six year harvest cycle, can obtain FSC certification, and would therefore be required to do so for LEED v4 credit compliance.

In B.C., there are 1.6 million hectares of certified forests. These include Taan Forest in Haida Gwaii and Canfor tenure areas in the Kootenay region.⁷⁵

- At the time of writing, the most difficult Option 2 criteria included:
 - SAN-certified bio-based materials.
 - Salvaged, refurbished or reused products.
 - Products which met all aspects of the regional extraction, manufacturing and purchasing criteria.
- Provide detailed guidance on sourcing and documentation in the

- architectural and/or interior design specifications and drawings.
- During the investigation process, populate the materials tracker with compliant materials and estimated costs per owner or contractor expectations, and compile a database of compliant products for future projects.
- Consider a no substitution policy for compliant products.
- Collect manufacturer documentation during the design phase.

Certification Map of British Columbia, from 2015 year-end⁷⁴.



Note: Map does not include unmapped FSC tenures through Ecotrust Canada and Harrop-Proctor Community Cooperative, which account for over 16,000 additional hectares throughout BC. Forest certification maps are constantly in flux. This map represents data from as of the year-end of 2015.

⁷⁴ Forest Products Association of Canada (n.d.). Certification Map of Canada. URL: http://certificationcanada.org/index.php/maps-en/provincial/bc

⁷⁵ Ecotrust Canada

- Review contractors' proposed substitutions during pre-tender or tender and approve based on product document submission.
- Confirm details about each type of compliant documentation and the project's substitution policy prior to product ordering.
- Require all sub-contractors to submit compliant documentation for specified products prior to product ordering and installation on-site.
- Track all compliant products on-site.

Changes from LEED 2009

This credit combines the criteria of the following LEED v2009 MR credits:

- MRc1 Materials Reuse
- MRc4 Recycled Content
- MRc5 Regional Materials
- MRc6 Rapidly Renewable Materials
- MRc7 Certified Wood

Certified Wood Acceptable for LEED MR Legal Wood ACP76.

	Program	Legal	Responsible	Certified
1	FSC - forest management via FSC chain of custody	Yes	Yes	Yes
2	FSC - controlled wood	Yes	No	No
3	SFI - forest management via SFI or PEFC chain of custody	Yes	Yes	Yes
4	SFI - fiber sourcing	Yes	Yes	No
5	ATFS - forest management via SFI or PEFC chain of custody	Yes	Yes	Yes
6	CSA - forest management via SFI or PEFC chain of custody	Yes	Yes	Yes
7	PEFC - forest management via PEFC chain of custody	Yes	Yes	Yes
8	PEFC - due diligence	Yes	No	No
9	Not certified	No	No	No

Materials and Resources Credit: Building Product Disclosure and Optimization

- Material Ingredients

Possible points for BD+C: 1-2

Intent

To encourage the use of products and materials for which life-cycle information is available and that have environmentally, economically, and socially preferable life-cycle impacts. To reward project teams for selecting products for which the chemical ingredients in the product are inventoried using an accepted methodology and for selecting products verified to minimize the use and generation of harmful substances. To reward raw material manufacturers who produce products verified to have improved life-cycle impacts.

Requirements

This credit rewards manufacturers which publicly declare all product ingredients, using recognized third-party frameworks or certifications (Option 1), and rewards project teams for selecting permanently installed products with these certifications (Options 2 and 3). Under Option 1, the following third party frameworks and certifications are available to manufacturers:

- Publicly available inventory which lists the name and Chemical Abstract Service Registration Number (CASRN) of each ingredient.
- Health Product Declaration, compliant with the Health Product Declaration Open Standard 2.0.
- Cradle to Cradle (C2C) version 2
 (v2) Basic Level, or v3 Bronze Level
 certification.

Under Option 2, project teams are rewarded for selecting products which, in total, make up 25% of the total material cost of

all permanently installed products, and which meet any of the following third-party certifications:

- GreenScreen version 1.2 Benchmark; this certification offers a multiplier effect: value products at 100% of their cost if ingredients have gone through the GreenScreen Translator; value products at 200% of their cost if ingredients have gone through the GreenScreen Assessment.
- C2C certification; a multipler effect is also available here: value products at 100% of their cost if they are C2C v2 Gold, or v3 Silver; value products at 200% of their cost if they are C2C v2 Platinum, or v3 Gold or Platinum.
- International Alternative Compliance Path – Registration, Evaluation, Authorisation and Restriction (REACH) Optimization: compliant if the product is free of ingredients classified under the REACH Authorization or Candidate List.
- ANSI/BIFMA e3 Furniture
 Sustainability Standard, with a
 minimum 3 points under 7.5.3.1
 Advanced Level (e3-2014), or 3
 points under 7.4.1.3 Advanced Level
 (e3-2012).

Under Option 3, project teams are rewarded for selecting products which, in total, make up 25% of the total material cost of all permanently installed products, made by manufacturers which comply with:

- Minimum safety, health, hazard and risk products which document 99%, by weight, of all product ingredients.
- Third party supply chain verification;

verification is required for major processes related to health, safety and environmental impacts.

Option 3 offers additional credit to manufacturers which use GHS Category 2 criteria for ingredient hazard screening, rather than the default Category 1 criteria; hazard screening examines carcinogens, mutagens, reproductive toxins and skin irritants. The full list for this option is available through the <u>USGBC</u>.

This credit's options are summarized right.

Description

Manufacturers are currently not required to publicly disclose chemicals of concern, and for those manufacturers who do disclose chemical ingredients, disclosure of 99% of ingredients by weight is still rare. This credit's creation was influenced by recent research linking undeclared product ingredients to occupant health, and is part of the USGBC's drive towards greater manufacturer transparency, and increased awareness around occupant health.

This credit aims to support manufacturers which currently disclose ingredient information, and encourage others to move towards greater supply chain transparency, ultimately helping project teams to make better-informed product decisions.

Tips for achieving this credit

 During schematic design, identify typical structural and finishing

- products which either comply with the criteria of Options 1, 2 or 3.
- Provide detailed guidance on sourcing and documentation in the architectural and/or interior design specifications and drawings.
- During the investigation process, populate the materials tracker with compliant materials and estimated costs per owner or contractor expectations, and compile a database of compliant products for future projects.
- Consider a policy of not accepting substitutes for compliant products.
- Collect manufacturer documentation during design phase.
- Review contractors' proposed substitutions during pre-tender or tender and approve based on product document submission.
- Ensure sub-contractors are briefed about each type of compliant documentation and the project's substitution policy prior to product ordering.
- Require all sub-contractors to submit compliant documentation for specified products prior to product ordering and installation on-site.
- Track all compliant products on-site.

Changes from LEED 2009

This is a new credit in LEEDv4.

MR credit Building Product Disclosure and Optimization— Materials Ingredients

Option 1 (1 point)

Material Ingredient Reporting

AND/OR

Option 2 (1 point)

Material Ingredient Optimization

AND/OR

Option 3 (1 point)

Product Manufacturer Supply Chain Optimization

A Comparison of Manufacturer Inventory Frameworks

Framework Name	Managed By	Organization Type	Framework Description
GreenScreen Benchmark	Clean Production Action	Non-Profit Organization	 Scientific chemical hazard assessment, widely used by industry, government and NGOs. Transparent, freely available; sets out four clear benchmarks towards safer chemicals. Built on the 12 Principles of Green Chemistry and US Environmental Protection Agency (EPA)'s Design for the Environment (DfE) alternatives assessment method. Collates over 40 scientific lists of chemicals, allowing manufacturers to quickly search chemical lists to inform ingredient procurement.
CASRN	American Chemical Society	Non – Profit Organization World's Largest Scientific Society	 Authoritative collection of disclosed chemicals: 129 million organic and inorganic substances (world's largest collection) and 67 million sequences Covers substances named from 1957 – present. Internationally recognized. Quick and reliable validation of CAS Numbers. Widely used by industry and government. Member-based organization.
C2C	Cradle to Cradle Products Innovation Institute	Non-Profit Organization	 Originally conceived as a mechanism for industry change. C2C Certified Product Standard assesses products on five categories: Material Health, Material Reutilization, Renewable Energy and Carbon Management, Water Stewardship and Social Fairness. C2C also offers a material health certificate.

HPD	Health Product Declaration Collabora- tive	Non-Profit Organization	 Standard is a voluntary, stakeholder consensus standard with a Creative Commons license. Specification standard, aims to provide comprehensive info currently excluded from MSDS and EPDs. Industry can download and build their own HPD. Partnering with Healthy Building Network, Healthy Materials Lab and JPB Foundation to develop Healthy Affordable Materials Project (HAMP). Member-based organization.
REACH	European Union (EU) Regulation (December 18, 2006), adminis- tered by European Chemicals Agency (ECHA)	Government, includes a Member State Committee and Management Board	 Applies to all chemicals involved in industrial processes and consumer products. Manufacturers must register chemicals; evaluation is then completed. Very high concern substances are first added to the Candidate List, and eventually the Authorization List. Chemicals on the Authorization List trigger import, producer and supplier obligations and require downstream notification of the public.

MR credit — Furniture and

Medical Furnishings

Option 1

(1-2 points)

Minimal Chemical

Content

AND/OR

Option 2

(1-2 points)

Testing and Modelling

of Chemical Content

AND/OR

Option 3

(1-2 points)

Multi-Attribute

Assessment of Products

Materials and Resources Credit: Furniture and Medical Furnishings

Possible points for BD+C, Healthcare **Only:** 1-2

Intent

"To enhance the environmental and human health performance attributes associated with freestanding furniture and medical furnishings."77

Requirements

This credit sets a cost calculation threshold of 30% (1 point) or 40% (2 points), of the total free-standing furniture and medical furnishing cost, under Option 1, or Option 2, or Option 3 compliance paths. This credit rewards manufacturers which have reduced chemical content in their products (Option their products, and comply with emissions testing ANSI/BIFMA e-2010 Furniture Sustainability Standard (Option 2), or select products with EPDs and extraction-related impact reductions (Option 3). This credit's three compliance options are summarized

Option 1 sets of threshold of 100 parts per million (ppm) or less for four out of the five chemicals listed below, for any component which comprises 5%, or more, of the total weight of the product:

- Urea formaldehyde
- Heavy metals such as mercury, cadmium, lead and antimony
- Hexavalent chromium in plated
- Stain and non-stick treatments derived from perfluorinated
- Added antimicrobial treatments

1), or have reduced chemical content in left.

- finishes
- compounds (PFCs)

Option 2 sets the same threshold as Option 1, for two out of the five chemicals listed, and requires compliance with the ANSI/ BIFMA standard.

Option 3 requires compliance with the following:

- Product-specific LCA which complies with ISO 14044, or
- Product-specific (valued at one), or generic, industry-wide (valued at half), EPD, or
- Product which contains salvaged, refurbished or reused materials, or
- Product which contains either preconsumer (valued at half), or postconsumer (valued at one), recycled content, or
- Manufacturer with consumer takeback program, or
- Product which contains biobased materials compliance with Sustainable Agriculture Network's SAN certification, or
- Product which contains FSC-certified wood material, or
- Product whose total extraction life-cycle, (extracted, manufactured, purchased, installed), is within 100 miles or 160 km of the project site.

Description

credit includes soft medical This furnishings such as: mattresses, foams, panel fabrics, cubicle curtains, windows coverings, and other textiles typically purchased by the project owner or operator; it is therefore critical to obtain early team support if this credit is targeted. This credit also includes medical furnishings such as:

surgical tables, carts, lifting and transfer aids, shelving and overbed tables.

Tips for Achieving This Credit:

- During design, create a furniture & furnishings budget, to determine the highest cost items, which could contribute to credit requirements.
- Research manufacturers with compliant products for the highest cost items, and obtain the necessary documentation during design.
- Provide detailed guidance on sourcing and documentation in the architectural and/or interior design specifications and drawings, and directly to the owner and/or furniture & furnishings procurement team.
- Consider a policy of not accepting substitutes for compliant products.
- Provide training to the owner and/or furniture & furnishings procurement team on each type of documentation and the project's substitution policy prior to pre-tender, tender and product ordering.
- Work closely with owner or furniture & furnishings procurement team in pre-tender and tender, to ensure that credit requirements are achievable and products are available.
- Review all products during pretender or tender and approve

- based on manufacturer document submission.
- Track all compliant products during ordering via a furniture & furnishings material tracker.
- Train sub-contractors on furniture & furnishings installation and the project's substitution policy. especially if VOC-containing products could be used during installation; track all associated VOC-containing products as part of the IEQ: Low Emitting Materials credit.

Changes from LEED 2009

- Points thresholds have been reduced from LEED 2009 to LEED v4.
- Emissions testing standard has been changed from the California Special Environmental Requirements Specifications Section 01350, to the ANSI/BIFMA standard.
- The LEED 2009 rapidly renewable criteria has been deleted, and replaced with the SAN standard for bio-based materials.
- The LEED 2009 radius for regional product extraction life-cycled has been reduced from 800 km by truck, or 2400 by ship/rail, to 160 km.
- LEED v4 has added EPR, LCA and EPD requirements.

Indoor Environmental Quality

The Indoor Environmental Quality (IEQ) category in LEED aims to address and improve indoor environmental conditions. Canadians spend an average of 90% each day indoors and indoor air on average is 2x-5x more polluted than outdoor air and can be up to 100x more for certain toxins (insert citation). IEQ addresses air quality, lighting quality, daylighting, and visual, thermal and acoustic comfort. Products that happen to be low carbon, such as wood, may contribute and be relevant to LEED credits in this category.

Indoor Environmental Quality: Low-Emitting Materials

Possible points for BD+C: 1-3

Intent:

"To reduce concentrations of chemical contaminants that can damage air quality, human health, productivity, and the environment." 78

Requirements:

This credit rewards manufacturers which meet low emissions standards, and rewards project teams under prescriptive compliance, for all products used on-site inside the weather proofing membrane

(Option 1), or project teams which use the budget calculation method to demonstrate cumulative compliance (Option 2).

Under Option 1, project teams may choose the number of category thresholds with which to comply; for all BD+C project types without furniture, with the exception of Healthcare and Schools, a minimum of two category thresholds must be targeted to achieve one point; additional points require additional target thresholds. The same BD+C project types must target at least three category thresholds to achieve one point if their scope includes furniture; see table below.

BD+C Project Type Options	Category Thresholds	Points
BD+C Without Furniture	2	1
	4	2
	5	3
BD+C With Furniture	3	1
	5	2
	6	3
Schools & Healthcare Without Furniture	3	1
	5	2
	6	3
School & Healthcare With Furniture	4	1
	6	2
	7	3

Category thresholds include new requirements and standards; details below:

Interior Wet Applied Paints & Coatings Total VOCs California Air Resources Board (CARB) 2007, Suggested Control Measure for Architectural Coatings, or South Coast Quality Management District (SCAQMD) Rules 1113, effective Jun 3, 2011 California Department of Public Health (CDPH) Standard Method v1.1-2010, or German AgBB Testing and Evaluation Scheme (2010), or Iso 16000-3:2010, 16000-9:2006, 16000-11:2006 with AgBB or French legislation, or DIBt testing method (2010) SCAQMD Rule 1168, effective Jul 1, 2005, or Canadian VOC Concentration Limits for Architectural Coatings* California Department of Public Health (CDPH) Standard Method v1.1-2010, or German AgBB Testing and Evaluation Scheme (2010), or German AgBB Testing and Evaluation Scheme (2010), or Iso 16000-3:2010, 16000-9:2006, 16000-11:2006 with AgBB or French legislation, or DIBt testing method (2010) Wet Applied No added meth- ylene chloride or None	Product Type	Emission Type	Standard
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 Calidornia Coatings* California Department of Public Health (CDPH) Standard Method v1.1-2010, or German AgBB Testing and Evaluation Scheme (2010), or ISO 16000-3:2010, 16000-9:2006, 16000-11:2006 with AgBB or French legislation, or DIBt testing method (2010) Wet Applied No added meth-ylene chloride or 	·	Total VOCs	
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Wet Applied No added meth- Products Vlene chloride or			DIBt testing method (2010)
poromorouny tone.			• , ,
Exterior Wet Total VOCs • Healthcare & Schools Only	Exterior Wet Applied Adhesives, Sealants, Paints & Coatings	Total VOCs esives,	Healthcare & Schools Only
Sealants, Paints & 2007, and			9 1
• SCAQMD Rule 1168, effective Jul 1, 2005, or			
• European Decopaint Directive (2004/42/ EC or more recent version) Phase II, and			, , , , , , , , , , , , , , , , , , , ,
			Local jurisdictional requirements.

EQ credit Low-Emitting Materials

Option 1
(1-3 points) **Product Category**

Calculations

OR

Option 2 (1-3 points)

Budget Calculation Method

Product Type	Emission Type	Stai	ndard
Flooring	Total VOCs	•	California Department of Public Health (CDPH) Standard Method v1.1-2010, or German AgBB Testing and Evaluation Scheme (2010), or ISO 16000-3:2010, 16000-9:2006, 16000-11:2006 with AgBB or French legislation, or DIBt testing method (2010)
Inherently Non-Emitting	No integral organic-based surface coatings, binders or sealants, otherwise see Wet Applied Product Categories.	•	None
Composite Wood	Formaldehyde	•	CARB ATCM
Insulation for Ceilings, Walls, Thermal & Acoustic	Total VOCs	•	California Department of Public Health (CDPH) Standard Method v1.1-2010, or German AgBB Testing and Evaluation Scheme (2010), or
		•	ISO 16000-3:2010, 16000-9:2006, 16000-11:2006 with AgBB or French legislation, or
Dott Inquistion	Lloolthoore 0	•	DIBt testing method (2010)
Batt Insulation	Healthcare & Schools Only	•	None
	No added urea, phenol, or urea-ex- tended phenol formaldehyde.		
Furniture	Total VOCs	•	ANSI/BIFMA e3-2011 Furniture Sustainability Standard

^{*}Note: Some standards contain higher VOC thresholds than others; when in doubt, use the standard with the lowest VOC thresholds for the applicable product.

This credit's two compliance options are summarized left:

Description

This credit requires that all products noted in the tables above, installed on the inside of

the primary and secondary weatherproofing barriers, meet low VOC requirements; note that some exterior wet applied products for Healthcare and Schools projects must also meet VOC standards. Wood products can contribute to this credit in a number of ways:

- Engineered wood products that contain glue, such as glulam, structural composite lumber products, and cross-laminated timber which meet CARB's ultra-low emitting formaldehyde (ULEF) resin requirements, or which contain no added formaldehyde, will be compliant.
- Composite wood, and alternate-wood products, such as plywood, medium density fibreboard (MDF), oriented strand board (OSB), bamboo, wheatboard and strawboard, may comply with CARB requirements.

Tips for achieving this credit

- During schematic design, identify compliant flooring, composite wood, insulation and furniture products and collect compliant documentation.
- During design, make a decision regarding the VOC standards which will be used for the project (ACPs do exist for various locations); in general, choose the most stringent available standard.
- Provide detailed guidance on sourcing and documentation in the architectural and/or interior design specifications and drawings.
- During the investigation process, populate the materials tracker with compliant materials and compile a database of compliant products for future projects.
- Consider a policy of not accepting substitutes for compliant products.
- Review contractor s' proposed substitutions during pre-tender or tender and approve based on product document submission.
- Ensure sub-contractors are briefed about EPDs and the project's

- substitution policy prior to product ordering.
- Require all sub-contractors to submit compliant documentation, especially for VOC-emitting materials, prior to product ordering and installation on-site.
- Track all compliant products on-site.

Changes from LEED 2009

- EQc4.1, EQc4.2, EQc4.3 and EQc4.4
 Low Emitting Materials have been combined into one credit with a scaled point system for each path earned.
- Furniture, insulation, and ceiling emissions limits from the LEED 2009 Healthcare rating system have been incorporated into one streamlined credit for all BD+C project types.
- Emissions requirements for on-site, wet-applied, full-spread products measured via chamber tests in air are now included. VOC content limits for on-site, wet-applied products are still required.
- Compliance of interior finishes may be demonstrated in assemblies with multiple layers in combination, or in each system individually.

Indoor Environmental Quality: Indoor Air Quality Assessment

Possible points for BD+C: 1-3

Intent: "To establish better quality indoor air in the building after construction and during occupancy."⁷⁹

Requirements:

This credit rewards project teams which performance an outdoor air flush-out (Option 1), or air quality testing (Option 2), of the project, prior to substantial occupancy. This credit's two compliance options are summarized left.

Option 1 offers two compliance paths:

- Path 1: Full flush-out of 14,000 ft³ of outdoor air per ft² before occupancy.
- Path 2: Partial flush-out before occupancy, a minimum of 3,500 ft³ of outdoor air per ft²; with the remaining 10,500 ft³ of outside air per ft² flushed during occupancy, at a minimum rate of 0.30 ft³ per minute per ft² of outdoor air.

Option 2 offers one compliance path:

Air quality testing of the following contaminants, which must not exceed LEED's pre-determined thresholds for each; all testing must comply with listed standards:

- Formaldehyde
- Particulates: PM10 and PM 2.5
- Ozone for buildings located in a US EPA non-attainment zone
- Total VOCs
- All targeted chemicals listed in CDPH Standard Method v1.1, Table 4-1
- Carbon monoxide

79 LEED v4 BD+C Reference Guide page 685

Description

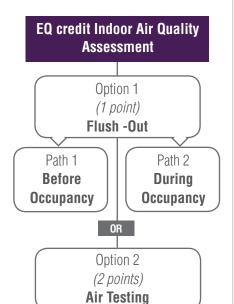
This credit aims to ensure that adequate flushina of all construction-related emissions is completed before final occupancy, to ensure a superior indoor air quality environment for occupants. Although both options have been available under previous versions of LEED, LEED v4 has dramatically increased the number and type of indoor air contaminants to be tested under Option 2. The CDPH standard lists thirty-five chemicals, such as benzene, monoethyl acetate, methyl t-butyl ether, phenol, toluene and xylenes, which have traditionally been staples on construction sites, thus increasing awareness around the harmful effects of these chemicals

Wood products which do not contain added formaldehyde, and which do not require the use of CDPH chemicals during installation, can positively contribute to better indoor air quality within buildings during construction and occupancy.

PLC products which do not contain CDPH chemicals in their construction, and which do not require the use of CDPH chemicals during installation, can also positively contribute to better air quality for workers and occupants alike.

Tips for achieving this credit

- During early design, when project schedule is being compiled, allow sufficient time for both flush out and testing options, to ensure flexible options during construction.
- During the design phase, obtain flush-out duration from mechanical engineer, using the assumed installed system, set at 100%



- outside air, and meeting the required temperature and relative humidity values; adjust project schedule to address this time constraint.
- During the design phase, conduct
 a space use analysis to determine
 the maximum number of required
 testing points in regularly occupied
 spaces served by separate ventilation
 systems. Ensure that the required
 1 in 7 space testing requirement
 is followed for regularly occupied
 spaces which are the same type;
 examples include private offices and
 meeting rooms.
- During the design phase, confirm
 if the project is located in a nonattainment zone for ozone. If yes,
 ozone testing will be required. If no,
 obtain confirmation in writing from
 the mechanical engineer.
- If portable air handling systems are required for flush-out, ensure that language is carried on drawings and specifications to ensure proper subcontractor costing of this item.
- During design, send out a request for proposals (RFP) to testing subcontractors for early quotes, based on the space use analysis. Ensure that RFP language includes the list of 35 chemicals of concern identified by the California Department of Public Health (CDPH), Standard Method of Testing version 1.1, Table 4-1, all other contaminants, and specifically note if ozone testing is required.
- Based on the quotes from the sub-contractors, decide if flush-out or testing will be chosen for credit compliance, before tendering all remaining construction contracts.
- Train relevant sub-contractors on required actions before flush-out and testing, setting a mandatory deadline

- which prohibits activities producing airborne pollutants a minimum of 24 hours before testing, and ensuring that all sub-contractors are aware of prohibited activities during flush-out and testing.
- If flush-out is chosen as the preferred methodology, ensure that site inspections are conducted during flush-out by the mechanical engineer, to ensure temperature and relative humidity levels are within compliance, and sufficient outdoor airflow volumes are being delivered.
- If testing is chosen, allow at least two weeks of grace period to allow for air quality lab results, and re-testing, as this may be necessary in:
 - Small rooms.
 - Rooms where a high number of VOC-containing products were applied or installed.
 - Rooms with higher concentration of composite wood, furniture and furnishing products.
 - Rooms where insufficient flush-out time was allowed prior to testing; any time period less than 24 hours prior to activities which result in airborne pollutants are at risk of failure.

Changes from LEED 2009

- Movable furnishings installed before testing or flush-out is now required.
- Upper interior temperature limit is now identified in Option 1.
- Testing now includes all CDPH chemicals, (except for formaldehyde) under Option 2.
- For project sites located in nonattainment zones, as defined by the US EPA, ozone testing is required.

Innovation

The Innovation category in LEED provides an opportunity for projects to receive LEED points for incorporating innovative strategies into projects. Innovation points can be awarded by achieving a credit from another rating system that is not addressed in the project's chosen rating system, by choosing an innovative strategy not addressed in any rating system, by incorporating a LEED pilot credit into the project, and by achieving exemplary performance of a LEED credit. One additional innovation point can be awarded to a project that has a main team member who is a LEED Accredited Professional with the chosen rating system specialty.

Innovation: Innovation

Possible points for BD+C: 1-5

Intent:

"To encourage projects to achieve exceptional or innovative performance."80

Requirements:

This credit rewards project teams which exceed performance thresholds for a given credit within the LEED rating system (exceptional performance), teams which propose a robust, measurable strategy which does not already exist within any of the LEED rating systems (innovative performance), or a team which attempts a pre-approved LEED pilot credit (pilot performance). Maximum thresholds exist for each of the above listed options:

A summary of compliance paths is noted in the image left.

Strategy Type	Maximum Points Threshold
Exemplary	2
Innovative	3
Pilot	3

Description:

Although this category provides a platform for creativity, and the opportunity to focus project successes on non-LEED defined credits, the LEED rating system still provides significant guidance on achieving points under this category.

The LEED Reference Guide identifies all credits which qualify for Exemplary Performance, and describes the required threshold to meet this additional point. Of the credits previously described in this Guide, the following pre-qualify for Exemplary Performance:

In terms of using Innovative or Pilot credit strategies, there are several options:

- Innovative:
 - Use a credit from another LEED rating system, which is not included in BD+C.
 - Use a credit from another building rating system, such as the WELL Building Standard81.
 - Design your own unique strategy.
- Pilot:
 - Register for a USGBC listed Pilot credit82.

IN credit INNOVATION

Option 1 (1 point)

Innovation

AND/OR

Option 2 (2 points)

Pilot

AND/OR

Option 3 (1-3 points)

Innovation

(1-3 points)

Pilot

(1-3 points)

Exemplary Performance

(1-2 points)

LEED v4 BD+C Reference Guide page 779 International WELL Building Institute (2017). URL: www.wellcertified.com USGBC Pilot Credits (2017). URL: http://www.usgbc.org/pilotcredits

Credit Name	Exemplary Performance Threshold	Wood & PLC Contribution
MR: Building Life Cycle Impact Reduc- tion	Option 4: Realize reductions in all six impact categories.	Yes, contribution is possible.
MR: Building Product Disclosure & Optimization: EPDs	Option 1: Source forty products with EPDs, from at least five manufacturers. Option 2: Purchase products which contribute 70%, by cost, of the total cost of all permanently installed products.	Yes, contribution is possible.
MR: Building Product Disclosure & Opti- mization: Sourcing of Raw Materials	Option 1: Source forty products with from at least five manufacturers with publicly released reports which meet CSR frameworks. Option 2: Purchase products which contribute 50%, by cost, of the total cost	Yes, contribution is possible.
	of all permanently installed products.	
MR: Building Product Disclosure & Opti- mization: Material Ingredients	Option 1: Source forty products with from at least five manufacturers with publicly released chemical inventories. Option 2: Purchase products which contribute 50%, by cost, of the total cost of all permanently installed products.	Yes, contribution is possible.
MR: Furniture and Medical Furnishings	Options 1, 2 or 3: Source furniture and furnishings which contribute 50%, by cost, to credit criteria.	Yes, contribution is possible.

Using wood can help achieve an Innovative strategy by looking at wood as a biophilic material. Biophilic design looks at incorporating nature and natural processes into the built environment. Exposed wood, as a natural material, is considered an indirect experience of nature, and has been shown to help reduce stress levels and improve performance of building occupants. Using wood can help achieve an innovation credit through Biophilic design, either through a credit of the WELL Building Standard, Feature 88 Biophilia, Qualitative or Feature 100, Biophilia, Quantitative, or the Living Building Challenge Imperative 09, Biophilic Environments. Wood is just one of many strategies needed to achieve

a biophilic design credit however will significantly contribute to the success of the strategy.

Tips for achieving this credit

IN: Innovation

Tips for Achieving This Credit:

 As this category offers multiple compliance options, Tips for each compliance type have been provided.

Exemplary Performance (max 2 points):

 Identify viable exemplary performance thresholds during



Image: Surrey Memorial Critical Care Tower incorporate many wood elements into the design 83 (Image courtesy of EllisDon).

design and conduct feasibility and cost analysis before proceeding.

- Obtain team commitment for all targeted strategies.
- For design credits, collect documentation during design from project team.
- For construction credits, include guidance and criteria on specifications and drawings to ensure proper contractor pricing.83

Pilot Tips (max 3 points)

- Identify viable strategies during design and conduct feasibility and cost analysis before proceeding.
- Obtain team commitment for all targeted strategies.
- Register for the pilot credit through the USGBC website.
- Download USGBC pilot credit requirements upon registration; as pilot credits are often in flux, requirements may change or strategies could be deleted over time.
- Track challenges or difficulties

- with criteria during design and construction, and provide feedback to the USGBC upon project completion.
- For design credits, collect documentation during design from project team.
- For construction credits, include guidance and criteria on specifications and drawings to ensure proper contractor pricing.

Innovation Tips (max 3 points):

- Early on in design, at concept, discuss a biophilic design strategy for the project and review the appropriate biophilic design credits and strategies from WELL and the LBC. Have a full-day workshop reviewing the biophilic options for the project. Biophilic materials, including wood finishes, need to be included in design documents and in specifications.
- Identify viable strategies during design and conduct feasibility and cost analysis before proceeding.

⁸³ http://inhabitat.com/beautiful-energy-efficient-surrey-hospital-expansion-targets-leed-gold-in-british-columbia/cei-surrey-memorial-10/

- Ensure strategies are sufficiently robust; review USGBC Pilot Credit Library and Interpretations to find out if other teams have already attempted this strategy.
- Consider submitting an informal request for technical guidance from the USGBC (free) or a formal Project Credit Interpretation (CIR - \$220/ credit) via LEED Online.
- If an original, independent strategy is not possible for the team, consider a credit from another LEED rating system, which is not represented in the BD+C rating system. If this strategy is chosen, follow all requirements and documentation outlined under this credit.
- Obtain team commitment for all targeted strategies.
- For design credits, collect documentation during design from project team.
- For construction credits, include guidance and criteria on specifications and drawings to ensure proper contractor pricing.

Referenced standards in this credit:

There are no referenced standards for this credit. However, if choosing to pursue biophilic design, consider reviewing the WELL Building Standard's Biophilia Features in the Mind Concept and the Living Building Challenge's Biophilic Environments Imperative in the Health and Happiness Petal.

An additional reference appropriate for this work and that informs both the LBC Imperative and WELL Features is:

Biophilic Design: The Theory, Science and Practice of Bringing Buildings to Life by Stephen Kellert, Judith Heerwagen, and Martin Mador.

Changes from LEED 2009

The maximum points threshold for exemplary performance has been reduced from three points in LEED 2009 to two points in LEEDv4.

Regional Priority: Regional Priority, Specific Credit

Option 1 (1-4 points)

Regional Priority
- Specific Credit

Regional Priority: Regional Priority, Specific Credit

Possible points for BD+C: 1-4

Intent: "To provide an incentive for the achievement of credits that address geographically specific environmental, social equity, and public health priorities." 84

Requirements:

Referring to the Regional Priority (RP) credit database on the CaGBC website⁸⁵, choose specific credits that are applicable to the project.

Description:

There are six RP credits that are designated to various geographic regions throughout Canada, in both rural and urban settings.

Tips for achieving this credit:

With regards to LEED credits that could apply for a RP credit using low carbon building materials, there is only one credit, which is the MRc Building Life-Cycle Impact Reduction is available for all locations throughout B.C.

Changes from LEED 2009

Applicable credits may have changed depending on geographic location.

⁸⁴ LEED v4 BD+C Reference Guide page 791

⁸⁵ LEED v4 Regional Priority Credit Selection: Canada (2017). URL: http://www.cagbc.org/cagbcdocs/leed/LEED_v4-Canada_Regional_Priority_Credit_Selection-FN-2017-01-18.pdf



Comprehensive Guide LEED v4 and Low Carbon Building Materials

5.0 Conclusion

5.0 Conclusion

Projects that are pursuing LEED certification are well served by using low carbon building materials such as wood and PLC. LEED rewards the use of low carbon building materials, which is especially relevant as the system went through a thorough overhaul with the release of LEED v4. In order to continue the path towards a built environment that uses less carbon, choosing materials that contain less embodied carbon is crucial and have already been used for several years in B.C.

The building industry is moving towards a more holistic approach for low carbon building design, with a new emphasis on low carbon building materials as well as energy performance. By choosing wood, PLC and other low carbon building materials, designers and builders have the opportunity to create buildings that have less environmental harm than those that choose high carbon materials, while also having the opportunity to gain LEED points. Encouraging the use of low-carbon building materials in B.C. public sector infrastructure not only supports B.C.'s provincial climate objectives but can also contribute to Canada's national commitments and help to demonstrate B.C.'s leadership in climate action internationally.



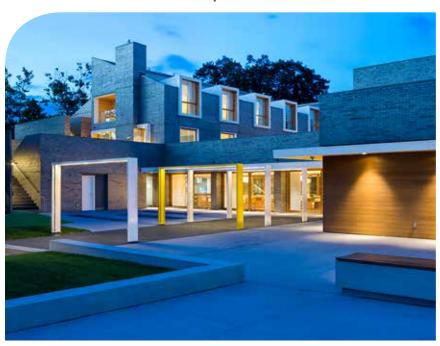
Comprehensive Guide LEED v4 and Low Carbon Building Materials

6.0 Case Studies

6.0 Case Studies

Case Study: Ronald Mcdonald House BC & Yukon

BC Women's and Children's Hospital



Overview

Completed in 2014 the Ronald McDonald House at the BC Women's and Children's Hospital in Vancouver, BC, provides a home-like environment for children and their families while undergoing treatment away from home. This LEED® Gold certified project expanded the original 12-family Shaughnessy House to a 73-family facility divided into four residential units connected by communal links. The facility was the first use of tilt-up CLT construction with pre-installed ledgers provided for interior timber I-joist floors, a construction solution that contributed toward an early completion date two months ahead of schedule. To carry the weight of green roofs and planters 9-ply CLT panels were used.

How low carbon materials were used in the project:

Ronald McDonald House BC & Yukon made extensive use of wood, a building material that has a lower embodied carbon footprint than other building materials. A strategy used by the team was an innovative use of CLT tilt-up panels to speed erection. The panels were formed in the shop with cuts and notches where necessary for connections and openings, then

larger wall sections were assembled horizontally on the ground and raised into place. This consideration for the erection process helped to save time on site and reduced the need for work at height, contributing to worksite safety. Floor and roof structures used pre-engineered timber I-joists and CLT panels supported on beams and ledgers on CLT walls.

RONALD MCDONALD HOUSE

BC Women's and Children's Hospital Vancouver, BC

Level of LEED obtained:

LEED ® Canada NC 2009 Gold

Wood related LEED credits achieved:

MRc5 - Regional Materials

CLIENT

Ronald McDonald House BC and Yukon

ARCHITECT

Michael Green Architecture (MGA). Initiated by McFarlane Green Biggar Architecture + Design.

STRUCTURAL ENGINEER

Equilibrium Consulting Inc.

MECHANICAL ENGINEER

AME Consulting Group

LEED CONSULTANT

Kane Consulting Partnership

CONTRACTOR

ITC Construction Group; CLT by Structurlam Products

OCCUPANTS

65 families and staff members

NUMBER OF STOREYS

4

GROSS FLOOR AREA

6.875m²









Leadership in Energy and **Environmental Design** (LEED®)

The project was certified under LEED Canada NC 2009 and achieved points for using recycled content in building materials and using local materials. LEED credits that were supported by low carbon building materials include Materials and Resources credit 5 - Regional Materials, for which the project exceeded 30%, gaining two LEED points.

Notable Awards

- 2016 Governor General's Award in Architecture
- 2015 Lieutenant-Governor of BC Award in Architecture (Merit)
- 2015 Masonry Institute of BC -Award of Excellence - Low Rise

References

Canada Green Building Council (CaGBC). www.cagbc.org

Michael Green Architecture Ltd. (2017). Ronald McDonald House BC. Accessed Feb. 2017. URL:

http://mg-architecture.ca/work/ronald-mcdonald-house-bc/

Case Study: Wood Innovation & Design Centre

University of Northern British Columbia (UNBC), Prince George



Overview

When completed in 2014 the new Wood Innovation & Design Centre (WIDC) in downtown Prince George was, at 6 storeys, one of the tallest modern timber buildings in North America. Built in part to house a new Master of Engineering in Integrated Wood Design program at UNBC, the building features an open atrium and demonstration space, a lecture theatre, a workshop and laboratory, and spaces for faculty offices and classrooms. The upper three storeys of the building were left unfinished as rental space to be fit out to meet tenants' requirements

How low carbon materials were used in the project:

Building services were hidden by staggering the elevation of the CLT floor panels, creating voids for ducting, sprinklers, and lighting. Wood slats are also used to finish the walls and ceiling of the lecture theatre, creating visual appeal and contributing to the acoustics of the room.

The building makes extensive use of wood materials: cross-laminated timber (CLT) roof and floor panels are

supported on a frame of glulam columns and beams; lateral bracing is provided by CLT shearwalls and a CLT structural core; and the sparse timber cladding is a mixture of charred and natural western red cedar on structural insulated panels (SIPs) and glazing with laminated veneer lumber (LVL) mullions. Interior finishes include stained wooden panels and slats, and an exposed wood stair with edge-laminated LVL treads rising from the demonstration space.

WOOD INNOVATION & DESIGN CENTRE

University of Northern British Columbia Prince George, BC

Level of LEED obtained:

LEED ® Canada CS 2009 Gold

Wood related LEED credits achieved:

MRc5 - Regional Materials IEQc4.4 - Low-Emitting Materials: Composite Wood and Agrifiber Products IDc1.1 - Exemplary Performance: MRc% IDc1.2 - Life Cycle Analysis of a High Rise Wood Building

CLIENT

Province of British Columbia Ministry of Jobs, Tourism and Skills Training and Responsible for Labour

ARCHITECT

Michael Green Architecture (MGA)

STRUCTURAL ENGINEER

Equilibrium Consulting Inc.

MECHANICAL ENGINEER MMM Group Ltd.

LEED CONSULTANT MMM Group Ltd.

CONTRACTOR

PCL Constructors Westcoast Inc.

NUMBER OF STOREYS

GROSS FLOOR AREA 4.820m²









ENVIRONMENTAL IMPACT OF WOOD USE (Post-Construction Calculation)



1519 cubic meters (53,623 cu ft.) of lumber and sheathing



U.S. AND CANADIAN FORESTS GROW THIS MUCH WOOD IN: 4 minutes



CARBON STORED IN THE WOOD: 1,099 metric tons of CO₂



AVOIDED GREEN HOUSE GAS EMISSIONS:

420 metric tons of CO₂



TOTAL POTENTIAL CARBON BENEFIT:

1,519 metric tons of CO₂

EQUIVALENT TO:



290 cars off the road each year



Energy to operate a home for 129 years

Based on: image by naturally:wood



Leadership in Energy and Environmental Design (LEED°)

The Wood Innovation & Design Centre is certified LEED Gold under the LEED Canada 2009 Core and Shell rating system. The project achieved one Innovation in Design (ID) point for exemplary performance for using regional materials. To achieve this ID credit, at least 40% of the materials used on the project were extracted and manufactured within 800 km by road and 2,400 km by rail or water. An additional ID point was achieved by undertaking a life-cycle assessment of the building.

Awards

- 2016 Governor General's Award in Architecture
- 2015 RAIC Award of Excellence for Innovation in Architecture
- 2015 Lieutenant-Governor of BC Award in Architecture (Merit)
- 2015 AIBC Innovation Award

References

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Michael Green Architecture Ltd. (2017), Wood Innovation & Design Centre. Accessed Feb. 2017. URL: http://mg-architecture.ca/work/wood-innovation-design-center/

WoodWorks (2015). Wood Innovation & Design Centre: A Technical Case Study. http://wood-works.ca/wp-content/uploads/151203-WoodWorks-WIDC-Case-Study-WEB.pdf

Case Study: L'École Mer et Montagne

Campbell River



Overview

The new building at École Mer et Montagne in Campbell River opened in 2012 and replaced an existing elementary school building, while retaining and seismically upgrading an existing gymnasium. The École provides classrooms for 100 children ranging from Kindergarten to Grade 8.

Reclaimed Douglas Fir 3x12 joists were salvaged from the existing building and repurposed throughout the new school for large portions of the roof and corridors. Left exposed to view from below, the reclaimed timbers add warmth and contribute toward reducing the environmental impact of the building.

Timber features heavily in the finishes as well, in bookcases and a trio of rotating display cases in the middle of the school, reclaimed timber benches, and through timber acoustic ceiling panels along the corridors and a Media and Technology space.

How low carbon materials were used in the project:

The building structure uses light-frame timber joists supported primarily on stud shearwalls. The existing gym structure was reinforced with post-tensioned steel rods and reinforced with additional nailing in the existing timber shearwalls and diaphragm, allowing for their re-use in the new building.

The project has received particular attention for the use of reclaimed Douglas Fir joists from the previous school building. The combination of new and reclaimed timber materials for both structure and finishes contributed toward sequestering or avoiding an estimated 198 tonnes of carbon dioxide equivalent (McFarland, 2013).

L'ÉCOLE MER ET MONTAGNE

Campbell River, BC

CLIENT

Conseil Scolaire Francophone de la Colombie-Britannique

ARCHITECT

McFarland Marceau Architects Ltd.

STRUCTURAL ENGINEER

Equilibrium Consulting Inc.

MECHANICAL ENGINEER

Bycar Engineering

CONTRACTOR

Newhaven Construction

NUMBER OF STOREYS

1 storey + mezzanine

GROSS FLOOR AREA

1.500m²











Awards

- 2012 Woodworks BC Award Small Institutional
- 2012 VIREB Commercial Building Awards - Merit
- 2012 Canadian Wood Council -Green Building Award
- 2011 Wood Design Award Citation

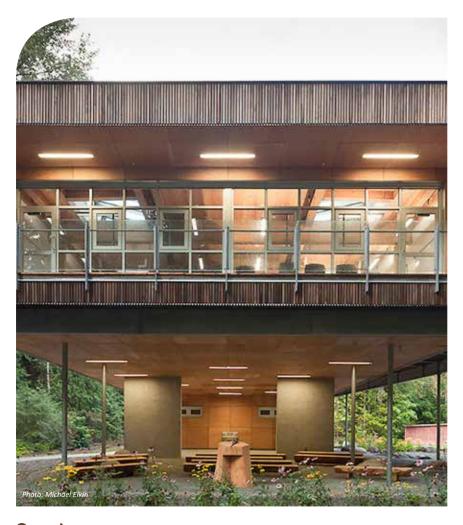
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McFarland, L. (2013). Presentation at WoodWorks! Alberta Winter Wood Design Seminar, March 19-20, 2013. URL: http://www.wood-works.ca/wp-content/uploads/content/ AB/Events/larry%20mcfarland_march%202013%20 presentation.pdf

Case Study: Blueshore Financial Environmental Learning Centre

North Vancouver School District 44, Brackendale BC



Overview

The BlueShore Financial Environmental Learning Centre at the Cheakamus Centre in Paradise Valley, BC, is a striking timber structure raised up into the canopy of the surrounding forest. The classrooms are raised up on short concrete walls and steel columns to above the 200-year flood level of the nearby Cheakamus River. The covered ground level provides a sheltered gathering space from which classes can explore the surrounding area. The raised main building contains two classrooms and a large open multi-purpose room.

How low carbon materials were used in the project:

Above the flood level the structure is made up of a grid of glulam beams supporting cross-laminated timber panels at both floor and roof level. Wood is used in the cedar slat cladding

that wraps the building, and for interior finishes, from the reclaimed Douglas Fir timbers that cover the soffit between glulam beams to the wooden millwork.

CHEAKAMUS CENTRE AND OUTDOOR SCHOOL

North Vancouver School Board, Brackendale, BC

Level of LEED obtained:

LEED® Canada NC v1.0 Platinum

Wood related LEED credits achieved:

MRc5 - Regional Materials MRc7 - Certified Wood IEQc4.4 - Low-Emitting Materials: Composite Wood & Laminate Adhesives

CLIENT

School District 44, North Vancouver

ARCHITECT

McFarland Marceau Architects Ltd.

STRUCTURAL ENGINEER

Equilibrium Consulting Inc.

MECHANICAL ENGINEER

Stantec

LEED CONSULTANT

McFarland Marceau Architects Ltd.

CONTRACTOR

D.G.S Construction

NUMBER OF STOREYS

2

GROSS FLOOR AREA 950m²











Leadership in Energy and **Environmental Design** (LEED®)

The project was certified under LEED Canada NC 2009 and achieved points for using recycled content in building materials and using local materials. LEED credits that were supported by low carbon building materials include Materials and Resources credit 5 - Regional Materials, for which the project exceeded 30%, gaining two LEED points.

Notable Awards

- 2015 Canadian Wood Council Western Red Cedar Award
- 2013 Wood Design & Building Awards - Citation
- 2013 Lieutenant-Governor of British Columbia - Merit
- 2012 Holcim Award of Acknowledgement for Sustainable Construction
- 2012 Canadian Architect Awards of Excellence - Merit

References

McFarland Marceau Architects Ltd. (2014). BlueShore Financial Environmental Learning Centre at Cheakamus Centre. Accessed Feb 2017. URL: http://www.mmal.ca/ northvan/page1.html

WoodWorks (2013). 2013 Wood Design Awards - Project Fact Sheet: Environmental Learning Centre, North Vancouver Outdoor School. Ottawa, ON: WoodWorks. URL: http://www.wood-works.ca/wp-content/uploads/content/ BC/WDA/Winner2012/FactSheets/elc.pdf

Case Study: TELUS Garden Office

Vancouver, BC



Overview

Telus Garden Office is part of the Telus Garden complex located at 510 West Georgia in Vancouver, BC. Completed in 2015 this project was the first Canadian project to be awarded LEED Platinum under the LEED Canada 2009 Core and Shell rating system. The project is the headquarters of Telus and boasts many sustainability features include sky gardens, the use of low emitting materials, and on-site renewable energy through photovoltaic panels.

How low carbon materials were used in the project:

Telus Garden was one of the first projects to be built in Vancouver using Portland-limestone cement (PLC), a cement product that products 10% less CO2 than regular Portland cement. PLC is branded in Canada under the name Contempra ® and is manufactured in the Metro Vancouver region. PLC is

created by added 6-15% limestone with cement clinker.

The use of wood was also incorporated into the building with a 67 metre steel-glulam span creates an arched canopy which is an integral architectural feature of the project.

TELUS GARDEN OFFICE

Vancouver, BC

Level of LEED obtained:

LEED® Canada CS 2009 Platinum

Wood related LEED credits achieved:

MRc5 - Regional Materials MRc6- Certified Wood IEQc4.4 - Low-Emitting Materials: Composite Wood & Agrifiber Products

CLIENT

Westbank Projects Corp.

ARCHITECT

Henriquez Partners Architect

STRUCTURAL ENGINEER

Glotman Simpson

LEED CONSULTANT

Icon/Light House Sustainable Building Centre

CONTRACTOR

Icon Construction

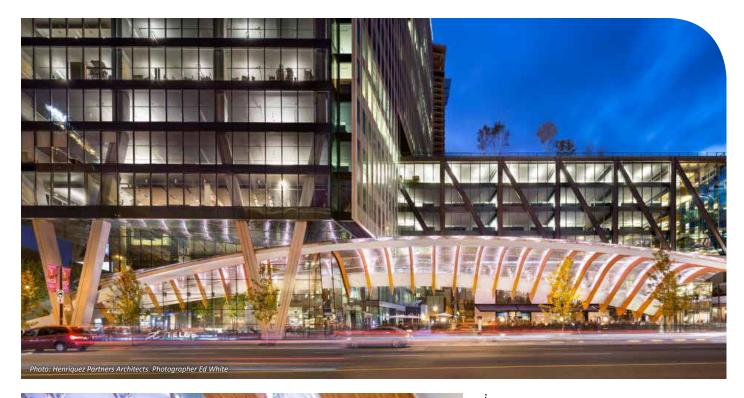
OCCUPANTS

Over 1900 for retail and office

NUMBER OF STOREYS

GROSS FLOOR AREA

47.000m²





Leadership in Energy and **Environmental Design** (LEED®)

The project was certified to LEED Canada Core and Shell Platinum. Just under 60% of all wood based materials were from Forest Stewardship Council (FSC®) sources, resulting in the achievement of Materials and Resources credit 6 (MRc6) - Certified Wood.

The project also achieved full points MRc4 - Recycled Content (30%) and for MRc5 -Regional Materials (37%).

Awards

2016 Architizer A+ Award

References

Canada Green Building Council (CaGBC). www.cagbc.org

http://henriquezpartners.com/work/telus-garden/

http://www.glotmansimpson.com/project/telus-gardenvancouver/

 $\frac{http://westbankcorp.com/press/telus-garden-wins-architizers-top-awards\#.WLicNW_yu01$

http://www.vancitybuzz.com/2015/09/telus-garden-officetower-vancouver/

Case Study: Brock Commons Tallwood House Vancouver, BC



Overview

Brock Commons Tallwood House is a landmark 18-storey residence building at the University of British Columbia in Vancouver, with 17 storeys of wood and concrete construction over a single storey concrete podium. At 53m it is the tallest contemporary wood hybrid building in the world to-date. Brock Commons will provide the University with over 400 student beds, with a shared ground floor study and social space.

How low carbon materials were used in the project:

Flat cross-laminated timber (CLT) floor plates were used with a grid of glulam columns and two concrete building cores. Dropped beams were avoided through the innovative use of two-way spanning CLT supported only on columns at each corner. The result is an open floor area interrupted only by the grid of columns and the building cores, reducing the impact of the structure on the end use of the space.

Erection of the timber elements was completed in less than 70 days, due largely to savings from off-site prefabrication. Careful design of the column connections allowed for quick installation of the floors and columns, facilitating the assembly of two storeys

of structure per week. As the structure was installed prefabricated exterior wall panels were lifted into position with windows and cladding in place, closing the envelope as the building went up.

A Site-Specific Regulation from the British Columbia Building Safety & Standards Branch was required for approval of the building, which exceeds the code-specified height restriction of 6 storeys. To simplify the approval process building cores were constructed using concrete rather than mass timber, and the timber structure was covered with multiple layers of gypsum board to provide fire resistance exceeding that which would be required for a similar steel or concrete building.

BROCK COMMONS TALLWOOD HOUSE

Vancouver, BC

Level of LEED® targeted: LEED v4 BD+C Gold

CLIENT

University of British Columbia

ARCHITECT

Acton Ostry

TALL WOOD ADVISOR

Architekten Hermann Kaufmann

STRUCTURAL ENGINEER

Fast + Epp

LEED CONSULTANT

Stantec

FIRE AND CODE CONSULTANT

GHL Consultants

CONTRACTOR

Urban One Builders, Seagate Structures and Structurlam Products Ltd.

NUMBER OF STOREYS

18

GROSS FLOOR AREA

15,115m²





Leadership in Energy and Environmental Design (LEED°)

The project is currently in construction and is targeting LEED v4 BD+C: NC Gold certification. A highlight credit that the project is pursuing is the new to LEED v4 credit, MRc Building Life-Cycle Impact reduction, Option 4, Whole-Building Life-Cycle Assessment.

References

Acton Ostry (2016). Construction Underway on World's Tallest Timber Tower. Acton Ostry Architects Inc. Vancouver, BC.

CIRS (2016). Design and Preconstruction of a Tall Wood Building. Brock Commons: Code Compliance. University of British Columbia Centre for Interactive Research on Sustainability (CIRS). Vancouver, BC.

Naturallywood.com Brock Commons
http://www.naturallywood.com/emerging-trends/tall-wood/
ubc-brock-commons

UBC (2016). Structure of UBC's tall wood building now complete. University of British Columbia website. URL: https://news.ubc.ca/2016/09/15/structure-of-ubcs-tall-wood-building-now-complete/







